

NNIG MONTHLY MEETING SPEAKER



January 17, 2025
 Bob D.
 Host group-
 NNIG Steering
 Committee

Silver Legacy - 407 North Virginia St., Reno - Doors open at 6:30

THE BRACER



Truckee CA

JANUARY 2026

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GENERAL WARRANTIES OF THE NORTHERN NEVADA INTERGROUP ASSOCIATION OF ALCOHOLICS ANONYMOUS

In all its proceedings, the Intergroup Association observes the spirit of AA Traditions, taking great care that the Intergroup Association never becomes the seat of perilous wealth or power; that sufficient operating funds, plus a reserve be its prudent financial principal; that none of the Intergroup Association members shall ever be placed in a position of unqualified authority over any of the others; that all important decision be reached by discussion, vote and whenever possible, substantial unanimity; that no Intergroup Association action ever be personally punitive or an incitement to public controversy; that though the Intergroup Association may act for the service of AA Groups in the Northern Nevada area and parts of Northern California, it shall never perform any acts of government; and that, like the Society of Alcoholics Anonymous, the Intergroup Association itself will always remain democratic in thought and action.

(The above is adapted and modified from "The AA Service Manual", and AA Co-Founder Bill W's. Twelve Concepts for World Service; Concept XII, as adopted by the General Service Conference on April 26, 1962. This adaptation of copyrighted AA material has been approved by the General Service Board)

CENTRAL OFFICE

436 S. Rock Blvd.,
 Sparks, NV 89431
 Monday thru Friday
 9:00 AM to 5:00 PM

Saturday 9:00 AM to 1:00 PM

24 Hour Answering Service:

(775) 355-1151 Fax: (775) 355-1560

EMAIL: officemanager@nnig.org

Web Site/Meeting Schedule: nnig.org

The Bracer: nnigbracer@gmail.com

NORTHERN NEVADA INTERGROUP

THIS MONTH'S BRACER IS IN DEDICATION TO JOYCE Y.

OK, the date is June the 29th, 2023. Would you please introduce yourself?

I'm Joyce and I'm an alcoholic.

Would you like to share with us your sobriety date?

My sobriety date is August 27th, 1969.

Do you have a Home Group?

I do. It's the ALOHA. A lot of Happy Alcoholics. It meets seven days a week at noon at the Triangle Club.

Where did you get sober at?

I got sober in Syracuse, KS on August the 27th, 1969.

What brought you in? And what were your first impressions?

I don't know what brought me in. I've been told that I had been drunk on the streets. I didn't know that I drank before I came to A.A. I asked what was I doing there.

What was your impressions?

I had known about A.A. since I was 14. We used to hold meetings in our house, but not for me. My first impression of coming to out of a blackout during a meeting and thinking what in the world just happened when they got up, held hands and said the Lord's Prayer.

Did you think they were praying for you?

I thought the only other place I heard the Lord's Prayer was at church. and so that was the Lord's Prayer. I didn't think anything about who they were praying for.

What are some of the things that you heard when you first came in that have stuck with you?

The greatest thing I heard was keep coming back. I like it also not just for newcomers, but for old timers. They are still my three favorite words

AA's

Recovery Step : ONE

"We admitted we were powerless over alcohol – that our lives have become unmanageable ."

Three

Unity Tradition ONE:

"Our common welfare should come first; personal recovery depends upon A.A. unity."

Legacies

Service Concept ONE

"Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole fellowship."

Concept One: Concept I - Responsibility and Authority for

A.A. World Services Resides in the

Collective Conscience of A.A. as a Whole.

I knew early on that there was something more to AA than my home group, and saw that I wanted to be a part of that. I was fortunate to meet a special AA member who introduced me to the study of the Twelve Traditions which further broadened my view of AA. This person became my Service Sponsor, and we sat down together to also study AA's Twelve Concepts. I had been aware of the Concepts, but I had no idea about what they were or why we had them.

Concept One introduces AA World Services, something I didn't even know existed. I suspected that the important AA business was taken care of by the big shots like Bill and Dr. Bob as well as the professional folks in the office in New York who sent us orders telling our group what to do and how to do it. My thinking was not completely wrong. For the first several years, responsibility and authority for all of AA did rest on the shoulders of our founders. By 1950, however, it became apparent that services such as producing uniform literature, developing public information resources, publishing books, and answering calls for help could no longer be handled by the founders alone. A serious decline in Dr. Bob's health was a major factor leading to this realization. Also, AA had expanded geographically and had grown in membership by large numbers.

Many early members felt that AA's future was guaranteed under the protection of God. But, after much discussion, there came a realization that a practical operational structure was needed. The first step was to create a group of AA members who, along with and non-alcoholic professionals, would take on responsibility for an orderly AA growth. This group, known early as the trusteeship, has now become the AA General Service Board.

Bill also saw that only a representative conference would be appropriate as a replacement for himself and Dr. Bob. The way to protect AA's future was to be found in the "collective conscience" of the Fellowship as a whole. Bill acknowledges that it is difficult to imagine how such a collective responsibility might be achieved among such widely scattered AA groups. His solution is in what we now know as the AA General Service Conference. Delegates to this Conference represent geographic Areas of the U.S. and Canada, elected by the individual groups through their elected General Service Representatives, District Committee members and other trusted servants.

The Conference operates in service to groups and members rather than as a governing body. Concept One draws heavily on Tradition Two for its spiritual foundation, reminding us that God is our ultimate authority and that AA leaders serve rather than govern. In this way, Concept One along with Tradition Two provides the spiritual foundation for all of our Fellowship. Bill has described AA as a spiritualized society characterized by enough enlightenment, enough responsibility, and enough love to ensure that it will work under all conditions. Concepts Two through Twelve follow to develop more detail about how our AA service structure works.

This is a 12-part series written by members of the 12 Concepts Study Group in Reno, Nevada. Efforts were made to use simple, everyday language. Each concept is written by an individual member of the group and is not necessarily the opinion of AA as a whole or NNIG. We hope this series will help our community to understand the Concepts and bring interest to those wanting to know more about them. Revised May, 2017.

NNIG & AREA EVENTS

NNIG Monthly Speaker Meetings
 Meetings held 2nd Saturday of the month
 Silver Legacy – 407 North Virginia Street, Reno 89501
 Location- Silver Barron Room 1-6



Monthly Speaker Meeting
 Doors open at 6:30 PM
 Speaker at 7:00 PM



January 17, 2026
Bob D.- Las Vegas, NV
Host Group- Steering Committee

February 14, 2026
Scott L.
Host Group – TBD

March 14, 2026
Jack G.
Host Group – TBD

April 11, 2026
Matthew M.
Host Group TBD

NNIG Speaker Chair: Robert S. - 775-247-9677
 Need more info call: Central Office - (775) 355-1151
 Join us for dinner at Café Central -5 pm with the speaker.

OTHER A.A. EVENTS

EVENTS HOSTED BY NORTHERN NEVADA
 INTERGROUP TO SUPPORT CENTRAL OFFICE & INTERGROUP

NNIG PRESENTS

ST. PATRICK'S CELEBRATION

Cribbage tournament starts at 11am
 BINGO 12-1:30pm
 Corned Beef & Cabbage served noon -1:30 ONLY
 Speaker- Joanne P. 2 pm
 50/50 & Huge Raffle!!
 \$20 for corned Beef & Cabbage Dinner
 \$5 suggested contribution



MARCH 8, 2026

NIEL ROAD RECREATION
 CENTER 3925 NEIL RD. RENO NV

WACYPAA'S

POP-UP Bake Sale

Come grab some
 sweet treats!

January 18th
 11am Till All Sold Out

Driars Club
 345 S Wells Ave, Reno, NV
 89502

Pre-orders on baker's dozen available

January 29th - February 1st 2026
 CIRCUS CIRCUS

ONE OF THE
 LUCKY ONES

W A C

RENO NEVADA

Hotel

Pre-Reg

WACYPAA 27

Western Area Conference of Young People In Alcoholics Anonymous

The Bracer is a monthly publication intended for members of Alcoholics Anonymous and their families only. It is about, by and for members of the fellowship. Opinions expressed herein are not necessarily those of A.A. as a whole or NNIG. For article submissions or comments, email the Editor at nnigbracer@gmail.com

MEETINGS AND MORE

Central office report from Ronda H. December, 2025

AAWS is raising the book prices by \$3 on ALL books and a 15% increase on all other merchandise. Due to this increase we are trying to stock up and delay our price increase till June. Please come and support your Central office and the AA events going on in our area. The office is for every member, if anyone needs anything to get 12 step work done and the office can help in some way, please let us know.

Volunteer Hours: 117 hrs.

Calls into Central Office: 134

- Calls for AA help - 3
- Calls for Alanon/Alateen - 2
- Meeting information - 39
- Retail / merchandise - 11
- Other 12-step programs -1
- Events – 14
- New to AA/ Talked with - 4
- Business/Central office- 60
- Visitors – 327 -Dogs- 6

Texts – 2 Phone calls on the text Phone- 2

*Ronda H.
Central Office Manager*



Previous Birthdays

November

Sean L. 34 Years

September

Angela-2 years

Mark H.-30 Years

Cheryl - 37 Years

Dave - 40 Years

Phil - 49 Years

August

Linda G. 35 Years

Sue M. 30 Years

Jeff M. 30 Years

Lulu

Jermery L. 4 Years

Joanne P. 13 Years

Ann G. 21 Years

Sandra G. 30 Years

Paul M. 34 Years

June 2025

Cassie. 3 Years

Teri G. 12 Years

Paul C. 34 Years

May

Ron T. 14 Years

Tom H. 23 Years

March

Cryn W. 2 Years

Don D. 6 Years

Kent L. 43 Years

Kim D. 48 Years

January & February

Chip C. 41 Years

Joek 40 Years



December

Karen C. 42 Years

Cindy M. 37 Years

Sean S. 36 Years



Even if we have tried hard and failed, we may chalk that up to as one of the greatest credits of all.

12x12z.96



Did you know you can share your sobriety and gratitude in a practical way by joining the A.A. Birthday Club? Sign Up today and be featured in the Bracer Birthday Club section of the Bracer. Show your Support for your NNIG & Central Office, Join the Birthday Club. A contribution of only one dollar for every year of your sobriety. Envelopes available at Central Office, NNIG Business Meeting or Intergroup Representatives

**Five N Live
Saturday 5:15 PM
Alano Club
680 River St.
Elko, NV**

**Southside
Monday-Friday
Noon
780 Del Monte
Ln, Reno NV**

**Brown
Baggers
Discussion
1036 N Main St.
Alturas, CA
Mon-Sat**

**SATURDAY NIGHT
FEVER 7PM
1631 ESMERALDA
PL
GARDNERVILLE NV.**



N.N.I.G. STEERING COMMITTEE

Last Tuesday of each month, 5:30 PM
 Central Office, 436 S. Rock Blvd., Sparks
N.N.I.G. BUSINESS MEETING
 First Tuesday of each month, 6:30 PM
 3835 Lakeside Dr. Reno NV 89509 or virtually
 ID: 831 8146 4811 PW: ZoomAA1
**N.N.I.G. MONTHLY
 SPEAKER MEETING**
 7:00 PM Silver Legacy - Silver Baron A
 2nd Saturday of the month
N.N.I.G. H&I
 Call Central Office
 775-355-1511

CENTRAL OFFICE

IS OPEN ON SATURDAY
 FROM 9:00 AM TO 1:00 PM!
 STOP IN FOR A CUP OF COFFEE
 AND FELLOWSHIP!

District Meetings

- DISTRICT-2** 2nd Thursday of each month, 6:30 Central Office
- DISTRICT 4** Fourth Thursday of every other even month, 6:00 pm
 Central Office OR Zoom ID: 819 5830 2884
 PW: bestdamnd4
- DISTRICT 6** 2nd Sunday of even numbered months-
 For information email district6@nevadaarea42.org
- DISTRICT 8** First Sunday, 3:30 p.m. on odd months
 Call [\(760\) 937-8407](tel:7609378407)
- DISTRICT 10A** Third Sunday of every other month, 1:30 PM
 680 River St. Elko, NV
- DISTRICT 10B** Dark since 2017
- DISTRICT 11** Only holds meetings 4 time a year, call DCM
- DISTRICT 12** 2nd Saturday of each Month at 5:00 PM- 457
 Esmeralda Street Wolf Center, Fallon NV
- DISTRICT 14** 3rd Wed of each "Odd" month at 6:00 PM -265
 Bear Street in Kings Beach CA
- DISTRICT 16** Meeting is held 3rd Tuesday of the month 424
 Greenbrae Blvd 6:45PM
- DISTRICT 18** DARK DISTRICT
- DISTRICT 20** Third Saturday of Jan, Mar, May, Aug & Oct
 10:30 AM- Contact DCM @
district20@nevadaarea42.org for location
- DISTRICT 22** 1st and 3rd Thursday of every month 6:30 PM @
 Central Office

AREA CLUBS

Reno / Sparks Clubs

Driars Club Reno 345 S. Wells Avenue (775) 324-9210
 Triangle Club Reno 635 S Wells Avenue (775) 324-7977
Clubs outside Reno/Sparks Area
 Alano Club Carson City, 1800 HWY 50 East (775) 882-0443
 Bishop Alano Club (760) 873-6700
 Elko Alano Club (775) 738-4747
 Las Vegas Triangle Club (702) 435-0597
 South Lake Tahoe (530) 541-1243

AA AREA 42 TRANSLATION & INTERPRETATION COMMITTEE

BECOME A VOLUNTEER



ALL AREA 42 MEMBERS ARE WELCOME TO HELP
 TRANSLATE MINUTES, EMAILS, GUIDELINES, ETC.
 PROFICIENCY IN SPANISH **NOT**
 REQUIRED! IN FACT, YOU DON'T EVEN
 NEED TO SPEAK SPANISH.

ZOOM
 MEETING
 THIRD
 THURSDAY OF
 EACH MONTH
 @ 5:30 PM PST

FOR MEETING ID & PASSCODE:
 please contact the email below

Questions? ... email
translator_interpreter@nevadaarea42.org
 Ask that someone from the translation
 committee contact you.

"You may not have gone to jail or prison, but
 you know how to stay out of it."



NNIG Corrections Committee has volunteer opportunities to take meetings
 into various correctional facilities.
 For more information, please email Correction Chair: luis4720nv@gmail.com or
 call NNIG Central Office at 775-355-1151.



Northern Nevada Intergroup

Bridging the Gap

Bridging the Gap is one of the many ways to get into
 service in Alcoholics Anonymous. Through 12th step work we
 aim to bridge the gap of time newcomers have between jails
 and institutions and their first days to the fellowship. The
 committee is always accepting people who want to be of
 service either with being a newcomer's contact or taking
 presentations into institutions to help share our message of
 hope. Please scan the QR code below.

Our committee is looking for a co-chair, to help assist
 the Chair with responsibilities, and a contact coordinator for
 the Carson/Gardnerville area. 2 years of sobriety required
 with knowledge of our 12 traditions. Please email Becky O.
 for more information at

btgnnig@gmail.com



First Step Prayer

*I admit I am powerless. I admit that my life is
 unmanageable when I try to control it. Help me
 this day to understand the true meaning of
 powerlessness. Remove from me all of my
 denial.*

BLAST from the Past

This is a copy from Bracer 2000, this gives a little more history about the Central Office

April 2000

The Bracer

Page 3

Memories of Long Ago - 1975-2000

Central Office and NNIG were established in March 1975. This is the second article submitted by one of the "old timers", who remembers fondly those early days. We hope there are more of you out there who will share early memories of NNIG.

My name is **Donald M.** I now live in Tyler, TX. I was selected in June 1981 to manage Central Office, then located at 22 St. Lawrence Avenue. The office was in physical, financial and moral disrepute. There were no books, no pamphlets and no meeting lists. The Groups (only 37 at the time) were not lending financial support. We paid the rent only through contributions by some loyal volunteers.

We negotiated with GSO for a credit line to start an inventory, and we began a vigorous campaign to re-introduce the purpose and uses of Central Office to the Groups. There were so many wonderful volunteers like **Pete T.**, **Bob Ho.**, **Kim D.**, **Tom M.**, **Carroll O.**, **Norm F.**, and **Mary Ann**, who manned the desk so I could journey out to the Groups. The California Groups had not yet joined NNIG. My travels took me to the far north (Elko), the far east (Wendover) and South (Yerington and Hawthorne), and all points in between. Success began to set in when the local Groups and those in our rural communities got to know what a Central Office is all about. We supported them - they supported us. Through their increased contributions to a cause they now deemed worthy, we began a growth that staggered the imagination of all, even our "Old Timers". We paid our debts and made physical improvements to the office, and finally I was able to accept a salary (\$200.00 a month). During my tenure we never again fell into hard times.

We lost our lease on the St. Lawrence Ave. property, but found a beautiful location at 260 So. Park Street. The Park St. office became a 'class act' for Central Offices. It got exposure near and far. I remember managers coming from Phoenix, Las Vegas and San Jose, just to look us over. They returned to their offices and remodeled because of the impression we made.

In early 1984, impressed by our services, the California Groups from the Oregon border to Bishop (Eastern Sierra) petitioned to join our Area 42. Working with their DCMs I composed a letter to their Delegate requesting release from their area to join ours. In the finest of A.A. cooperation, the California Delegate agreed to release if Area 42 would accept. In the high point of my service to Intergroup, I made the plea for acceptance at the September 1984 Assembly; California was admitted.

Central Office now supported Groups in a 90,000 sq. mi. area. With unrivaled enthusiasm, we established the **Reno Spring Festival**, **Annual Picnic**, **Gratitude Dinner**, **monthly Speaker Meeting**, and cooperation with UNR Medical School, with **Dr. John Chappel**, who later became a non-alcoholic Trustee on the General Service Board. We published an ever-expanding meeting list, and I produced the *Bracer* in its entirety. Enthusiasm for Intergroup was so high pitched that our *Bracer* did not have to rely on borrowed stories or reprints from outside sources. At a special Intergroup luncheon at the International Convention in Montreal, the *Bracer* was selected the "**Outstanding Newsletter**". We had reached the top. But Alcoholics are a restless bunch and some of the Reno-Sparks Groups wanted a change. I turned over the keys and like to think that those years were the best ever for Central Office. When I visit from time to time, it is nice to reflect with some of the old timers and call those years the 'good-old-times'.

God Bless all of you.

Thanks for the Memories; from Donald M., 4/1/2000

April 2000 Birthdays

A big cupcake with a candle for each year of sobriety for all the April Birthday subscribers. Bracer staff lost the birthday list. (A bunch of incompetents) Sincere apologies; we'll salute you next month. The monthly Birthday List is one of the good features of this publication. We regret the mistake.



So as a side question, have you always stayed involved with Alcoholics Anonymous?

No, I have not because I started doing some step work that started revealing things that needed outside professionals. I got referred to some outside help. And for about 13 years, I was working on damage that was done to me in a mental hospital. When I was 43 years sober. I got active again, and I've been up to my eyebrows in service and fellowship. Most of my world is A.A. by my choice.

So your life changed when you were quite young, when you got sober.

I was 27 years old.

You've been sober a long time

Well, I'll be 54 years sober on August 27th.

What have been the hardest and the easiest things you've had to do with the program of Alcoholics Anonymous?

If I could roll back time, I would do service different. I was so gung-ho in service, starting groups, starting conferences. I forgot that the third step prayer says I offer myself to thee to build with me and then do with me. I did a lot of doing before I was built. Today I check in with my higher power to see if my idea is a good one. Should I take a new sponsee? Should I help on this committee? I run everything by the higher power, and my sponsor. Otherwise, I'm just dumping a lot of garbage around and creating wreckage.

What has changed in A.A.?

AA basically has not changed. It still takes being willing, it takes practicing principles. It's simple, I often say a 4th grader could stay sober in A.A. with the simplicity of it. The thing I've balked the most about was technology. I voted against it. Today I don't know how we would do without it.

What has been your favorite service that you've done in A.A.?

General service. I've served in every position I've ever wanted. I've found my strengths and I can accept those too. I still love general service. I think each group is only as strong as the people who are serving it, serve the best in the position we're in. If I was making coffee, I'd want to make the best coffee.

Elder State statesman or bleeding Deacon.

I can be a bleeding Deacon for a while with a new idea, but I quickly default to my program. I think overall I'm an elder statesman. The group conscience is what turns me from a bleeding deacon into an elder statesman.

Do you have any final thoughts?

Thank you, Ronda, for doing this, I think you're preserving our local history. I look back and I read Doctor Bob and the Good Old Timers and AA Comes of Age and realize if somebody hadn't written it down, we wouldn't have our history available to us today. I believe you're doing the same thing.

That's my final thought.

Please join us for a
Celebration of life
JOYCE ANN YOURDON
12/31/1941 - 12/08/2025

6 pm to 8 pm
Friday, January 9th
McKinney Arts Center
925 Riverside Dr.,
Reno, NV 89523

Scan this QR code
to join via Zoom

Sobriety Date
8/27/1969



RULE 62

A girl working with her sponsor asked "Where can I read about my sex problems?"

Sponsor said, "That's covered on page 69."

Later at home the page number got jumbled as she tried to remember and she turned to page 96 for her sex problems.

"Do not be discouraged if your prospect does not respond at once. Search out another alcoholic and try again. You are sure to find someone desperate enough to accept with eagerness what you offer. We find it a waste of time to keep chasing a man who cannot or will not work with you."

Christopher Columbus must have been an alcoholic;

He didn't know where he was going

He didn't know where he was when he got there

He talked a woman into paying for it

When I first joined AA, I had to always be right. Now as an old-timer with almost 50 years sober, I try to be usually right with plausible excuses.

An alcoholic is driving home from the bar at 3am totally annihilated. He's swerving between lanes and gets spotted by a patrol officer who then pulls him over. The cop asks the inebriated man where he's headed at such a late hour. The drunk replies "I'm just going to a lecture, officer." In disbelief the officer asks "Who would be giving a lecture this late?"

The alcoholic replies, "My wife."

Two luses, Albert and Sam, are sitting in a bar.

Sam: "Hey Albert, after you drink, does your tongue burn?"

Albert, after a moment's thought: "I don't know, Sam, I've never tried to light it."

An alcoholic can be in the gutter and still look down on people.



Scan here to go
to the website

Return Service Requested
NNIG Intergroup Office
436 S. Rock Blvd.
Sparks, NV 89431

THE BRACER SUBSCRIPTION WOULD MAKE A FANTASTIC GIFT!
THIS IS ALSO A GOOD TIME TO UPDATE YOUR SUBSCRIPTION! USE THE SUBSCRIPTION FORM BELOW!

NNIG BRACER SUBSCRIPTION FORM

Date _____

New _____ Renewal _____

Donation for Electronic Version _____

I cannot send a donation at this time but I would **still like to receive the BRACER electronically** _____

Name _____

Address _____

City _____ State _____ Zip _____

Email address: _____

\$15 One Year (Suggested) - Paper Version

\$7 Yearly Contribution (Suggested) – Electronic Version

Email us at nnigbracer@gmail.com to sign up for your Electronic Version of the BRACER.

The BRACER
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