

NNIG MONTHLY MEETING SPEAKER



July 12, 2025
Teresa S.
Host group-
Sisters of
Sobriety

Silver Legacy · 407 North Virginia St., Reno - Doors open at 6:30

THE BRACER



Sparks, Nv. 4th of July

July 2025

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In all its proceedings, the Intergroup Association observes the spirit of AA Traditions, taking great care that the Intergroup Association never becomes the seat of perilous wealth or power; that sufficient operating funds, plus a reserve be its prudent financial principal; that none of the Intergroup Association members shall ever be placed in a position of unqualified authority over any of the others; that all important decision be reached by discussion, vote and whenever possible, substantial unanimity; that no Intergroup Association action ever be personally punitive or an incitement to public controversy; that though the Intergroup Association may act for the service of AA Groups in the Northern Nevada area and parts of Northern California, it shall never perform any acts of government; and that, like the Society of Alcoholics Anonymous, the Intergroup Association itself will always remain democratic in thought and action.

(The above is adapted and modified from "The AA Service Manual", and AA Co-Founder Bill W's. Twelve Concepts for World Service; Concept XII, as adopted by the General Service Conference on April 26, 1962. This adaptation of copyrighted AA material has been approved by the General Service Board)

CENTRAL OFFICE

436 S. Rock Blvd.,
Sparks, NV 89431
Monday thru Friday
9:00 AM to 5:00 PM

Saturday 9:00 AM to 1:00 PM

24 Hour Answering Service:

(775) 355-1151 Fax: (775) 355-1560

EMAIL: officemanager@nnig.org

Web Site/Meeting Schedule: nnig.org

The Bracer: nnigbracer@gmail.com

NORTHERN NEVADA INTERGROUP

An Alcoholic and a Child of God

By: Rikk D. | Steger, Illinois

"You ought to be ashamed of yourself." This would have been a perfect epitaph for my headstone if my drinking had killed me before I got to AA. It was something I was constantly told; it was a feeling about myself that, although I didn't like it, I came to accept. I became very ashamed of the life I had made for myself and the hurt I was causing to others. I was told that "real men" didn't do what I was doing; didn't say, act, or behave as I did. Being compared to a "real man" and being told that I didn't fit that category hurt my already faltering self-esteem, but the look of shame and disgust on a loved one's face was even more painful.

It was the shame I had for myself that fueled my drinking. Foggy memories of the night before led me to drink again; I'd get drunk Saturday to forget what I did Friday. My shameful feelings also kept me from asking God for help. Many times I would start to turn to God, but out of my own ignorance would stop. Why, I thought, would he want to have anything to do with me?

My Higher Power, although I didn't realize it at the time, felt no shame for me, only love and compassion. But it was not until Step Seven that I noticed a major change in the way I approached God. I no longer had that feeling of shame. I went from standing in front of God with my shoulders slumped, my head hanging down, and an overwhelming feeling of disgrace, to kneeling in his presence with my head bowed, hands folded, and feeling very humble. I no longer begged and pleaded; I asked and listened. And I accepted.

I began to realize that all things are done in God's time. If my Higher Power's answer to me was "no" or "not now," I humbly accepted his answer. I knew that his answer came not out of shame, punishment, or disgust for me. Knowing that there was one who loved and cared for me unconditionally was the spark of hope I needed to start my journey into a new life.

Today, my feelings of shame and disgrace have disappeared. I'm no longer concerned if I am considered a "real man." I'm an alcoholic and a child of God. And I know I'm loved and accepted as both.

A A's

Recovery Step Sevan:

"Humbly ask Him to
remove our
shortcomings."

Three

Unity Tradition Sevan:

"Every A.A. group ought to be
fully
self-supporting, declining
outside
contributions."

Legacies

Service Concept Sevan

"The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document: that it relies instead upon the force of tradition and the power of the A.A. purse for its final effectiveness."

We do have to be practical. A group can hardly hold its regular meetings on a street corner, and an empty basket won't fill a coffee urn. As soon as we become active in a group, we learn how many expenses are involved in making its meetings effective. Then our horizons broaden. What about that intergroup or central office so many of us called to ask for help? Phone companies don't give free service. Beyond our own locality, we learn about the A.A. General Service Office and the work it does for groups everywhere. A.A. activity is self supporting at all levels, and in every case the responsibility comes right back to us, the individual members, for we are A.A. Perhaps, especially when we are very new, our contributions clink, rather than rustle. The first members were in the same fix, and it seemed to them that A.A. would need more outside help than the modest gifts then coming in. Their plans required grand-scale philanthropy. (Tradition Six hadn't evolved yet; Bill W. recalled a scheme for "a chain of hospitals.") But John D. Rockefeller Jr., an early friend said, "I am afraid that money will spoil this thing." A few A.A.'s had already reached the same conclusion; gradually, this minority became a majority as experience showed that members themselves could provide enough to finance A.A.'s proper aim. In its simplest application, Tradition Seven is easily understood; when we hear about a new A.A. group being started with funds from a Federal antipoverty program, our quick reaction is "Somebody goofed!" But then we come to "borderline" cases: Groups put on a raffle for the benefit of their central office and invite the public to buy tickets; a hometown paper runs an ad for an A.A. dance and show. Both projects would be routine for any other society. For us, both mean that we've got the hand out again, asking nonmembers for money. Often, of course, we don't have to ask. A.A. is now high on the worthy-cause list; GSO and groups politely turn down many unsolicited gifts and bequests. In Tradition Seven, there's a note of realism: Handsome gifts may have strings attached. We even put a limit of \$12,500 on the amount members may leave to A.A. in their wills and a limit of \$7,500 that they may contribute annually while living, so that none of us can buy influence in A.A., no matter how rich we are. Money may pose a different problem if a group treasury grows too fat, beyond a prudent reserve. Squabbling over uses for the spare cash, groups have lost their unity and strayed from their purpose. But there's one simple solution that strengthens our unity and advances our purpose: Give the excess to A.A. activities and services....



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The Bracer is a monthly publication intended for members of Alcoholics Anonymous and their families only. It is about, by and for members of the fellowship. Opinions expressed herein are not necessarily those of A.A. as a whole or NNIG. For article submissions or comments, email the Editor at nnigbracer@gmail.com Deadline for submission is the last Friday of the month.

NNIG & AREA EVENTS

NNIG Monthly Speaker Meetings
 Meetings held 2nd Saturday of the month
 Silver Legacy – 407 North Virginia Street, Reno 89501
 Location- Silver Barron Room 1-6



Monthly Speaker Meeting
 Doors open at 6:30 PM
 Speaker at 7:00 PM



July 12, 2025
Teressa S.-Las Vegas NV
Host Group – Sisters of Sobriety

August 9, 2025
Billy N. – W. Palm Beach FL
Host Group – Jay Walkers

September 13, 2025
Ralph W. – Los Angeles, CA
Host Group – Open heart Open Mind

October 11, 2025
Minnie M. – Las Vegas NV
Host Group - TBD

NNIG Speaker Chair: Robert S. - 775-247-9677
 Need more info call: Central Office - (775) 355-1151
 Join us for dinner at Café Central -5 pm with the speaker.

EVENTS HOSTED BY NORTHERN NEVADA
 INTERGROUP TO SUPPORT CENTRAL OFFICE &
 INTERGROUP

Northern Nevada Intergroup Presents
Gratitude Dinner

Tickets on sale July 12

Reno Ballroom

SAVE THE DATE
NOV 8, 2025
 Doug R. – Speaker
 Raffle ~ Dinner

Northern Nevada Intergroup Presents
Gratitude Dinner

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OTHER A.A. EVENTS

Serenity in the Sierras XXXVI
 July 17-20, 2025



Gratitude in Action

Camp Richardson
 “Eagle’s Nest”
 South Lake Tahoe, CA
 July 17-20, 2025

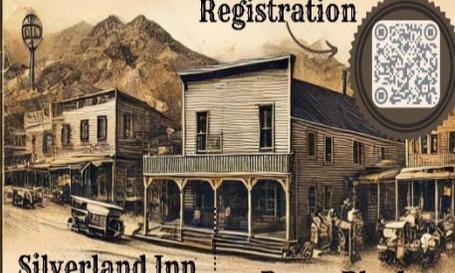
If you have any questions
 Call or Text:
 Annette G. (775) 220 3127
 or
 Email: serenityinthesierras@gmail.com

NACYPAA 4

Nevada Area Conference of young people in AA

July 24th-27th

Registration

Silverland Inn 100 North E St Virginia City, NV	Room Block
	Single King \$129 a night plus tax
	Double Queen \$139 a night plus tax
	Single Queen \$139 a night plus tax
	Junior Suite \$149 a night plus tax

How to Book a Stay
 Call 775-847-4104
 Ask to speak to Taitiana

WANTED FIRE SPEAKERS

Rain M	Garrison M	Angel R	Lauren W
OREGON	WASHINGTON	IDAHO	

THE BIGGEST LITTLE RAINBOW+

AA campout 2025

A WEEKEND OF PRIDE, RECOVERY & COMMUNITY

Pre registration: \$40 /\$50 day of
 Includes camping, one dinner entree, one breakfast, and all the good vibes you can handle.
 Day Pass: \$20
 Perfect for those just popping in for the fun and fellowship.

📍 Location: Boca Rest Area
 Come celebrate sobriety and connection with our LGBTQIA+ family at our annual campout!
 Enjoy a weekend filled with laughter, love, and community under the stars.

S'mores • Rejuvenation Bonfire • Speakers • Raffles
 Saturday night potluck style sids with BBQ entree & beverages provided.
 Pre-luck Based On Sobriety Month
 Jan-Mar Side Dish; Apr-June Salad or Fruit
 July-Sept Dessert; Oct-Dec Potato or Mac Salad

Don't miss the chance to recharge, reconnect, and celebrate



venmo



Central office report from Ronda H. June, 2025

Book of the month- Experience , Strength and Hope only \$6. Please come and support your Central office and the AA events going on in our area.

I was sick last month for elections and did not get a chance to tell the outgoing people thank you for their service. Michael and Jack were quite a team . The best I have seen. Ann was an absolute rock with the Sunshine committee. Always answering her phone. I appreciate all the work Sharon put into the Steering committee. She donated her time for over 6 years. The office is for every member , if anyone needs anything to get 12 step work done and the office can help in some way please let us know.

Volunteer Hours: 87 hrs.

Calls into Central Office: 222

- Calls for AA help - 17
- Calls for Alanon/Alateen - 0
- Meeting information - 38
- Retail / merchandise - 19
- Other 12-step programs - 5
- Events – 3
- New to AA/ Talked with - 3
- Business/Central office- 50
- Visitors – 293 -Dogs- 2



Texts – 2 Phone calls on the text Phone- 3

Ronda H.
Central Office Manager

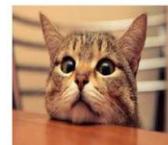
Previous Birthdays

- May
Ron T. 14 Years
Tom H. 23 Years
- March
Cryn W. 2 Years
Don D. 6 Years
Kent L. 43 Years
Kim D. 48 Years
- January & February
Chip C. 41 Years
Jaek 40 Years
- December
Sean S. 35 Years
Cindy 36 Years
Mystery Person – 37 years
- November
Heather L. 7 Years
- October
Sharon F. 40 Years
Dave S. 41 Years
- September
David 27 Years
Angelia B. 1 Years
Mike H. 29 years
Phil S. 48 Years
- August
Dawn K. 15 Years
Linda G. 32 Years
Michael B. 35 Years
- July
JoAnne P. 12 Years
Dennis J. 24 Years



June 2025

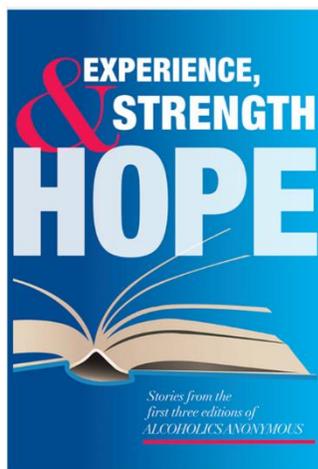
- Cassie. 3 Years
Teri G. 12 Years
Paul E. 34 Years



"Day by day, we try to move a little toward God's perfection. So we need not be consumed by maudlin guilt for failure to achieve His likeness and image by Thursday next. Progress is our aim, and His perfection is the beacon, light-years away, that draws us on."

As Bill Sees it p.15

Did you know you can share your sobriety and gratitude in a practical way by joining the A.A. Birthday Club? Sign Up today and be featured in the Bracer Birthday Club section of the Bracer. Show your Support for your NNIG & Central Office, Join the Birthday Club. A contribution of only one dollar for every year of your sobriety. Envelopes available at Central Office, NNIG Business Meeting or Intergroup Representatives



The month of July

Experience ,Strength
and Hope
\$6.00

Five N Live
Saturday 5:15 PM
Alano Club
680 River St.
Elko, NV

Southside
Monday-Friday
Noon
780 Del Monte Ln, Reno NV

Brown
Baggers
Discussion
1036 N Main St.
Alturas, CA
Mon-Sat

SATURDAY NIGHT
FEVER 7PM
1631 ESERALDA
PL
GARDNERVILLE NV.

N.N.I.G. STEERING COMMITTEE

Last Tuesday of each month, 5:30 PM
Central Office, 436 S. Rock Blvd., Sparks
N.N.I.G. BUSINESS MEETING
First Tuesday of each month, 6:30 PM
Alano Club, 1640 Prater Way, Sparks
**N.N.I.G. MONTHLY
SPEAKER MEETING**
7:00 PM Silver Legacy - Silver Baron A
2nd Saturday of the month
N.N.I.G. H&I
Call Central Office
775-355-1511

CENTRAL OFFICE

IS OPEN ON SATURDAY
FROM 9:00 AM TO 1:00 PM!
STOP IN FOR A CUP OF COFFEE
AND FELLOWSHIP!

District Meetings

- DISTRICT-2** 2nd Thursday of each month, 6:30 Central Office
- DISTRICT 4** Fourth Thursday of each month, 6:00 pm
Central Office OR Zoom ID: 819 5830 2884
PW: bestdamnd4
- DISTRICT 6** 2nd Sunday of even numbered months-
For information email
district6@nevadaarea42.org
- DISTRICT 8** First Sunday, 3:30 p.m. on odd months
Call (760) 937-8407
- DISTRICT 10A** Third Sunday of every other month, 1:30 PM
680 River St. Elko, NV
- DISTRICT 10B** Dark since 2017
- DISTRICT 11** Only holds meetings 4 time a year, call DCM
- DISTRICT 12** 2nd Saturday of each Month at 5:00 PM- 457
Esmeralda Street Wolf Center, Fallon NV
- DISTRICT 14** 3rd Wed of each "Odd" month at 6:00 PM -265
Bear Street in Kings Beach CA
- DISTRICT 16** Meeting is held 3rd Tuesday of the month 424
Greenbrae Blvd 6:45PM
- DISTRICT 18** DARK DISTRICT
- DISTRICT 20** Third Saturday of Jan, Mar, May, Aug & Oct
10:30 AM- Contact DCM @
district20@nevadaarea42.org for location
- DISTRICT 22** 1st and 3rd Thursday of every month 6:30 PM @
Central Office

AREA CLUBS

Reno / Sparks Clubs

Driars Club Reno 345 S. Wells Avenue (775) 324-9210
Triangle Club Reno 635 S Wells Avenue (775) 324-7977

Clubs outside Reno/Sparks Area

Alano Club Carson City, 1800 HWY 50 East (775) 882-0443
Bishop Alano Club (760) 873-6700
Elko Alano Club (775) 738-4747
Las Vegas Triangle Club (702) 435-0597
South Lake Tahoe (530) 541-1243

AA AREA 42 TRANSLATION & INTERPRETATION COMMITTEE

BECOME A VOLUNTEER



ALL AREA 42 MEMBERS ARE WELCOME TO HELP
TRANSLATE MINUTES, EMAILS, GUIDELINES, ETC.
PROFICIENCY IN SPANISH **NOT**
REQUIRED! IN FACT, YOU DON'T EVEN
NEED TO SPEAK SPANISH.

ZOOM
MEETING
THIRD
THURSDAY OF
EACH MONTH
@ 5:30 PM PST

FOR MEETING ID & PASSCODE:
please contact the email below

Questions? ... email
translator_interpreter@nevadaarea42.org
Ask that someone from the translation
Committee contact you.

We Are The
Sunshine Committee



Can You Help?

There are cases where sober AAs are unable to
make it to meetings. They are in the hospital or
physical rehabilitation hospital or are home-
bound while they recuperate.

When you cannot attend meetings do you get
'squirrely' or on edge? Be a part of carrying the
message to those shut-ins by joining us as we
trudge the road of happy destiny on the

Sunshine Committee!!

Sobriety requirement—1 year
We will work with your schedule
Call: Ann. —650-290-4335
Email: aschwenderlauf@gmail.com

NORTHERN NV AA
BRIDGING THE GAP

Come Be of service in taking a
newcomer to their first AA meeting
OR Make a Presentation at
treatment facilities!



SCAN QR CODE TO SIGN UP AS A
TEMPORARY CONTACT



7th Step Prayer

Dear God,

My Creator, I am now willing that You should have all of me, good and bad. I pray that You now remove from me every single defect of character which stand in the way of my usefulness to You and my fellows. Grant me strength, as I go out from here to do Your Bidding.

Amen

Tradition 7

Every A.A. group ought to be fully self-supporting, declining outside contributions

The Question of Clubs

BY: LINDA W. | LIBERTYVILLE, ILLINOIS

What's the connection between clubs and AA?

I had "the gift of desperation" when I got to my first AA meeting at a club not far from my home. I was ready to do whatever it took to be free from drinking. So after hearing the pitch for joining the club at the beginning of an AA meeting, I filled out the application and turned it in. That's when the old-timer I gave it to told me I had to have ninety days of sobriety before I could join. My heart sank. There was no way I would be able to stay sober for ninety days. I felt like crying.

The old-timer assured me there was nothing to cry about, however. Alcoholics Anonymous was free, and if I wanted to be a member, I was. That's all there was to it. I didn't need to fill out an application form, pay any money, or even promise sobriety.

I like to go wherever other alcoholics gather together to help one another. Most of the meetings I go to are not in a club setting, but some are. Recently, an AA member actually said she was "grateful to the club for her sobriety." Of course, I can understand how easy it is to be confused about this. But a line from the "Guidelines on Clubs," published by AA World Services, helps me to grasp the difference between AA and a club: "Even though the group meets in a club that may be composed exclusively of AA members, and many members of the group may be club members, too, the relationship of the AA group itself to the club should be the same as it would be to a church, hospital, school, or other facility in which it might rent space for its meetings."

My home group meets in a church. The people at the church office are supportive and kind. We are happy to pay them rent, but we wouldn't dream of letting them tell us what to say in a meeting. When our group first started, we discussed what to name it at the business meeting. One of the names included the name of the church where we meet. Someone pointed out that we wouldn't want to do that because it implies affiliation. We meet at the church. In no other way are we affiliated with it.

Sometimes I get a helpful perspective on a Tradition by going through the Grapevine's Traditions Checklist. The

questions were originally published in the Grapevine in conjunction with a series on the Twelve Traditions that ran between November 1969 and September 1971. While they were originally intended for individual use, many AA groups have since used them as a basis for wider discussion.

Here is what the checklist says about Tradition Six: "Are all the officers and members of our local club for AAs familiar with the pamphlet 'Guidelines on Clubs'?"

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Removing the Muck -Bob D. Step 7

A New York City junk dealer was cleaning out an old warehouse, and among all the debris was a statue sitting in a corner covered by years of dirt, grime and pigeon droppings. At the end of the day, the dealer looked at his watch and realized it was too late to take the old statue to the wrecking yard where he could have cashed it in for scrap metal. So he loaded it in the back of his truck and took it back to his shop. He unloaded it and thought, This thing looks cool. He turned a hose on it and attacked it with a scrub brush and a bucket of suds. When he finished, he stood back and said, "Shoot, this thing looks way cool!"

The man was friends with an art dealer on 57th Street, so he swung by his gallery and asked if he could have an appraiser look at the statue. So he left it, then jumped back in his truck and took off. A week later he returned to his friend's gallery. The art dealer just about jumped over the counter and said, "You know that bronze you dropped off last week? It's a Rodin!"

To me, that's why Step Seven is a removal process. Under the layers of character defects and other accretions of our alcoholism, we are really pretty cool people, the people that God wants us to be. That's why we always ask God to remove our defects of character. That's why we don't ask God for the positive character traits.

You can pour maple syrup on horse manure, but it doesn't make it French toast. You've got to get rid of the bad stuff first. Then the good stuff flows in naturally as a result.

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Grandpa's Promise

BY: CHARLEY R. | WATERTOWN, WIS.

The journey to have his shortcomings removed turned out to be a gift from the one he loved most

Grandpa was the only person in the world I didn't hate. The only thing I liked was sitting on his knee and hanging out with him. I had a tough childhood. Mom and Dad were mean. They didn't let me do anything and punished me for the smallest reasons. Or else they just ignored me, forgetting I even existed. One day when I was feeling really sad and nothing was going right, Grandpa cheered up my day with a promise. "Someday I'll get you a white horse," he said.

Soon after that, my parents told me not to see Grandpa anymore. "He's crazy," they said. "What do you mean?" I asked. They told me he was senile, which I didn't understand. It sounded scary. Shortly after, Grandpa died.

A few days later I was playing with a neighbor who said that my Grandpa killed himself. I couldn't believe him. I was sick and filled with blame and shame and sadness. I had never heard of such a thing.

Dad was meaner than ever after that. He took his hardships out on me, especially when he was drinking. Then Dad committed suicide. Two days later, my mother killed herself too.

I went to live with an aunt and uncle. Life was somewhat better then during my school years, but I began to develop a bad attitude. I disliked everyone and even thought of killing someone, even myself. I had the idea that I could somehow get even with my dad that way. As this idea became more and more important to me, I got into fights and started drinking and using drugs. Occasionally I was arrested and sent to jail and sometimes ordered to go to AA.

At one of these AA meetings, I met this Native American woman. She got my attention sharing about hating her dad and how her hate consumed her. For years she had wanted to kill him, but she was able to change her hatred through prayer, the Steps and AA. She was disheveled and her attitude was just like mine. She intrigued me. I was able to identify with her hate. I did my time in the required AA meetings and forgot about her.

Years later, after a lot more drinking, fights and arrests, I ended up in my fifth or sixth treatment center, where I ran into this Native American woman again. She had become one of the counselors there. She looked so professional and

well-groomed now. Despite these changes, I recognized her immediately.

I listened intently to her story. I knew I had something in common with her. But now I could see she was a lot better. She had healed from her hate and her desire to kill. She attributed this change to AA, working the Steps and having a Higher Power. I got to know her and asked her name. She told me. It was White Horse.

Then and there, I not only began to heal from my hate and my desire to kill, but I realized my Grandpa had just delivered the white horse he had promised.

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Word-worriers

Members of our Fellowship are prone to spend hours of meeting time debating the precise meaning of words in the Steps and Traditions.

When co-founder Bill W. was asked why he said "defects of character" in Step Six and "shortcomings" in Step Seven, he replied:

"I just didn't want to use the same word twice."

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AA is no success story in the ordinary sense of the word. It is a story of suffering transmuted, under grace, into spiritual progress.

Bill W.



RULE 62

Barbara's sponsor suggested she go to see a therapist, so off she went.

Therapist: Barbara, you need to learn to really love yourself.

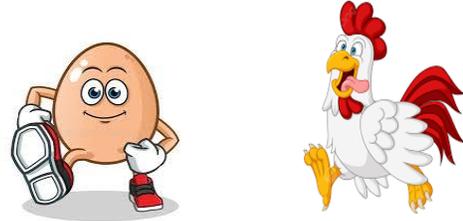
Barbara: But I'm not my type.

A sponsor took great pains to explain to a newcomer that in AA the terms pride, greed, anger, envy, lust, gluttony and sloth are generally known as the Seven Deadly Sins—not the Bill of Rights.



"I never repeat gossip, so you better listen the first time!"

A chicken and an egg walk into a bar. The bartender looks up and says, "OK, who's first?"



Q: A drunk is riding a horse at full speed. He's being chased by a lion and there's a giraffe in

the way in front of him. How will he escape this highly dangerous situation?

A: Get off the carousel.



Worrying is like sitting in a rocking chair. It gives you something to do, but it doesn't get you anywhere.



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to the website

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Sparks, NV 89431
436 S. Rock Blvd.
NNIG Intergroup Office

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THIS IS ALSO A GOOD TIME TO UPDATE YOUR SUBSCRIPTION! USE THE SUBSCRIPTION FORM BELOW!

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