

May 2025

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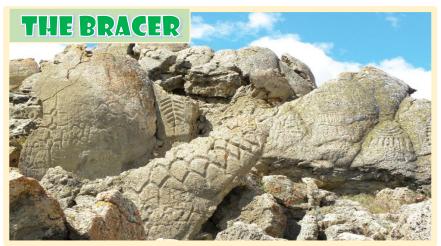
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CENTRAL OFFICE

436 S. Rock Blvd., Sparks, NV 89431 Monday thru Friday 9:00 AM to 5:00 PM Saturday 9:00 AM to 1:00 PM

24 Hour Answering Service: (775) 355-1151 Fax: (775) 355-1560 EMAIL: officemanager@nnig.org

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Winnemucca Lake Basin Petroglyphs

NORTHERN NEVADA INTERGROUP

Interview with an Alcoholic

DENNY H.

Could you introduce yourself?

Yeah, my name is Denny H. and I am an alcoholic. My drinking was primarily as a salesman in San Francisco. I drank beer through high school. Then I went into the army. I did a lot of drinking there and but no, I was not drinking alcoholically. But that's where it started in San Francisco. I got sober in Pleasanton, CA September 21st, 1976.

What was your first meeting?

It happened at the Franklin Savings and Loan building in downtown Pleasanton, and I went to that meeting because my wife said if I don't quit drinking, she was going to leave me. I thought, oh my God, that's where we were as far as our marriage and what was going on. It was kind of a sad state of affairs. Thank God that I found AA that's all I can tell you. We now been married 62 years. We were high school sweethearts. My first impression was the people that I met at that meeting in Pleasanton were some really, really nice people, IBM, sales, Pan American, Lawrence Livermore, Sandia Corporation. All of them had suits and ties a couple of them brought their wives with them, they were drinking partners anyway. That was very interesting, but really nice people and I went there with the idea that I'll just go to this meeting and just see what's going on. Then I'm going to tell my wife I went to your damn AA meeting. I didn't mention that she was going to the other side, al-anon.

These people had a great message and the message I heard at that very first meeting. It's the first drink that gets us drunk and you've got to keep coming back, if you do not come back, most likely you are going to die from alcoholism. That was the message they gave me. Scared the crap out of me. Nothing hard to do. Although I had a really hard time with the fourth step. I really did. I kept putting it off.

Continued page 8



Recovery Step Five:

"Admitted to God, to ourselves, and to another human being the exact nature of our wrongs."

Three

<u>Unity</u> Tradition Five:

"Each group has but one primary purpose – to carry its message to the alcoholic who still suffers."

Legacies

Service

"Throughout our world services structure, a traditional "Right of Appeal" ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be

carefully considered..."

Every newcomer learns (some of us the hard way) that the business of staying sober must have top priority. If we fail at that, we can't succeed at anything else. The Fifth Tradition tells us that groups should remember their "one primary purpose."

Often, unthinking enthusiasm puts a group off the main track. One, for instance, offered an "expanded A.A. program" that included helping newcomers to find jobs. Tradition Five doesn't frown on the individual A.A. who tells another about a good opening. But when the group turns itself into an employment agency, newcomers may get confused about their primary purpose. A.A.'s function is to help them get sober — then they can find work for themselves.

Using discretion, a member may lend a few dollars needed for a meal or a hotel room, or may even invite a broke alcoholic to be a temporary houseguest. But the A.A. group as a whole is not a friendly finance company, nor a welfare department, nor a housing bureau.

Even when acting on their own, as individual members, A.A. lay people certainly shouldn't award themselves honorary medical degrees and hand out diagnoses and prescriptions and amateur analysis of other people's neuroses. Exactly because this personal failing is so common, the A.A. group in all its dealings should be extra careful to emphasize that it is not invading the medical field. Through the personal experiences of its members, it is qualified to carry only one message: how an alcoholic can recover in A.A. That's all.

Yet one group recently felt itself equipped to set up an "alcoholism information center." The temptation is understandable; it was even stronger at the time this Tradition was written, because public ignorance about alcoholism as an illness was more widespread than it is now. Since then, other agencies have sprung up to assume the task of educating the general public on alcoholism. That is not A.A.'s purpose, but these agencies also are trying to help the active alcoholic. They are our friends — and Tradition Six marks the boundaries of the relationship....

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am responsible.

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there

And for that:

am responsible.

The Bracer is a monthly publication intended for members of Alcoholics Anonymous and their families only. It is about, by and for members of the fellowship. Opinions expressed herein are not necessarily those of A.A. as a whole or NNIG. For article submissions or comments, email the Editor at nnigbracer@gmail.com
Deadline for submission is the last Friday of the month.

NNIG & AREA EVENTS



OTHER A.A. EVENTS

EVENTS HOSTED BY NORTHERN NEVADA INTERGROUP TO SUPPORT CENTRAL OFFICE & INTERGROUP

NNIG Monthly Speaker Meetings

Silver Legacy – 407 North Virginia Street, Reno 89501 Location- Silver Barron Room 1-6



Monthly Speaker Meeting Doors open at 6:30 PM Speaker at 7:00 PM



May 10, 2025

John L. – Las Vegas, NV

Host Group – Just for Today

<u>June 14, 2025</u> <u>Dan G. & Jacob G.-Reno NV</u> <u>Host Group – End of The Road Gang</u>

> July 12, 2025 Teressa S.-Las Vegas NV Host Group - TBD

August 9, 2025
Billy N. – W. Palm Beach FL
Host Group -TBD

NNIG Speaker Chair: Robert S. - 775-247-9677 Need more info call: Central Office - (775) 355-1151 Join us for dinner at Café Central ~5 pm with the speaker



Reno Spring Festival

2025



- SUNDAY, MAY 18TH

Annual Festival Golf Tournement Sunday @ Wolf Run Golf Course

There is a Solution

Serenity in the Sierras XXXVI July 17-20, 2025



Gratitude in Action

Camp Richardson "Eagle's Nest" South Lake Tahoe, CA July 17-20, 2025

> If you have any questions Call or Text: Annette G. (775) 220-3127

Email: serenityinthesierras@gmail.com



MEETINGS AND MORE

Central office report from Ronda H. May , 2025

This month we are doing something a little bit different. Buy 2 Tri-plate and get a free greeting card. Buy 2 or more books and get a free book mark. Sign up for The Blast, email of what's happening in our local AA. Fellowship. Email officemanager@nnig.org to be added to this once-a-month email.

Volunteer Hours: 107

Calls into Central Office: 136

- Calls for AA help 8
- Calls for Alanon/Alateen 2
- Meeting information 32
- Retail / merchandise 11
- Other 12-step programs 1
- Events 12
- New to AA/ Talked with 2
- Business/Central office- 68
- Visitors 274 -Dogs- 9

Texts - 6

Phone calls on the text Phone-6

Ronda H.

Central Office Manager







Brown
Beisster
Discussion
1036 In Inciin St.
Altres, CA
Inon-Seit



The month of May

Buy 2 Tri-plates get

a FREE greeting

card!



Buy 2 or more BOOKS get free bookmarks

SERVICE OPPORTUNITIES

N.N.I.G. STEERING COMMITTEE

Last Tuesday of each month, 5:30 PM Central Office, 436 S. Rock Blvd., Sparks

N.N.I.G. BUSINESS MEETING

First Tuesday of each month, 6:30 PM Alano Club, 1640 Prater Way, Sparks N.N.I.G. MONTHLY

SPEAKER MEETING

7:00 PM Silver Legacy - Silver Baron A 2nd Saturday of the month

N.N.I.G. H&I

Call Central Office 775-355-1511

CENTRAL OFFICE

IS OPEN ON SATURDAY From 9:00 AM to 1:00 PM! STOP IN FOR A CUP OF COFFEE AND FELLOWSHIP!

AREA CLUBS

Reno / Sparks Clubs

Driars Club Reno 345 S. Wells Avenue (775) 324-9210 Triangle Club Reno 635 S Wells Avenue (775) 324-7977

Clubs outside Reno/Sparks Area

Alano Club Carson City, 1800 HWY 50 East (775) 882-0443 Bishop Alano Club (760) 873-6700 Elko Alano Club (775) 738-4747 Las Vegas Triangle Club (702) 435-0597 South Lake Tahoe (530) 541-1243

District Meetings

- DISTRICT-2 2nd Thursday of each month, 6:30 Central Office
- DISTRICT 4 Fourth Thursday of each month, 6:00 pm Central Office OR Zoom ID: 916 3107 1014 PW: bestdamnd4
- DISTRICT 6 2nd Sunday of even numbered months-For information email
- district6@nevadaarea42.org DISTRICT 8 First Sunday, 3:30 p.m. on odd months Call (760) 937-8407
- DISTRICT 10A Third Sunday of every other month, 1:30 PM 680 River St. Elko, NV
- DISTRICT 10B Dark since 2017
- **DISTRICT 11** Only holds meetings 4 time a year, call DCM
- DISTRICT 12 2nd Saturday of each Month at 5:00 PM- 457 Esmeralda Street Wolf Center, Fallon NV
- DISTRICT 14 3rd Wed of each "Odd" month at 6:00 PM -265 Bear Street in Kings Beach CA
- DISTRICT 16 Meeting is held 3rd Tuesday of the month Sparks Family Christian Church 510 Greenbrae Blvd 6:45PM
- DISTRICT 18 DARK DISTRICT
- DISTRICT 20 Third Saturday of Jan, Mar, May, Aug & Oct 10:30 AM- Contact DCM @ district20@nevadaarea42.org for location
- DISTRICT 22 1st and 3rd Thursday of every month 6:30 PM @ **Central Office**







5th Step Prayer

Higher Power,

My inventory has shown me who I am,

yet lask for Your help in admitting my wrongs to another person and to You.

Assure me, and be with me in this step,

for without this Step, I cannot progress in my recovery. With Your help, I can do this, and I will do it.

NNIG/Central Office Group Contributions 2025

NNIG/Central Office Group Contributions 2025							
Group	April	YTD	Group	April	YTD		
4th Dimension- ON-LINE		48.60	A Vision for You				
A Way Home		604.03	Jamesville God Grant Me	15.00	15.00		
Alano Big Book Study			Kindred Spirits				
Alano Brown Baggers		65.30	Kings Beach AA Golden Group		040.00		
Alano C ST. Discussion Alano Jaywalkers	333.64	333.64	Kingsbury Group McGill NV Freedom Group		246.00 12.00		
Alano Open Heart Open Mind	333.64	175.00	Mid-Day Group ON-LINE	25.00	50.00		
Alano Sunshine Group		170.00	Mindeb Language of the Heart	20.00	100.00		
Back Room Group		65.70	Minden Saturday Night Fever				
Back to Basics Saturday Night		200.00	Minden Stephanie Way Group		340.00		
Beginners are Winners On-Line Gro	433.00	724.00	Minden Wednesday Night Live				
Bishop High Sierra Group	90.84	90.84	Minden/Gardnerville Group	00.00	00.00		
Blue Room Group Buena Vista Group		200.00	Mt Rose Big Book Study	80.00	80.00		
CACYPAA	20.00	20.00	Mt Rose Candle Light Mt Rose Men's Group	50.00	100.00		
Caliente AA	20.00	16.43	Mt Rose Recovery Room	384.87	724.76		
Caring & Sharing in Stead		324.85	NNIG Business Meeting	71.50	282.20		
Carson After Shifters	195.00	378.70	Old Time AA Group		67.79		
Carson Alano Club	Name (Septem	reverse verses	Our Common Welfare		40.40		
Carson Brown Baggers	71.00	193.00	Our Group		200.00		
Carson Early Birds		388.00	Positive Acceptance Group		856.34		
Carson Early Birds Phone Meeting Carson Happy, Joyous and Free		231.22 438.57	Pyramid Way Discussion Group Quincy Fellowship		60.00		
Carson Jay-Walkers Men's		146.33	RTC Almost Heaven	50.00	250.00		
Carson Men's NO BS Stag	114.00	192.00	RTC Alloha Group	404.50	813.50		
Carson Sandbaggers			RTC Beginners are Winners		1916.00		
Carson Sisters in Sobriety			RTC Little Rascals	50.00	50.00		
Chester Fellowship	90.00	90.00	RTC Men's Trudgers		194.98		
Chester Saturday Night Group	115.42	115.42	RTC Monday Night Mens	040.00	450.00		
Choices	200.00	400.00	RTC New Awakenings Group	318.22	455.80		
Club 164 Cornerstone Group	90.00	90.00	RTC Not a Glum Lot RTC Sober AF	50.00	80.00		
Dayton Red Rooster	50.00	50.00	RTC Women's Just for Today	50.00	256.22		
Dayton Sunday Morning		572.00	Serenity in the Sierrias Campout		LOUILL		
Decompression Chamber/online		214.98	Sisters in Sobriety	12.00	271.91		
District 14		200.00	Sisters of Sobriety SOS		74.46		
District 2		22.00	Slide Mountain Serenity	110.00	195.00		
District 22	150.00	598.50	South Y Shore Lake Group		452.96		
District 6 Driars Knuckleheads	6.00	6.00	Southside Group Southside Online Group		452.96		
Driars Support Hose		100.00	Step 1				
Driars the Nickle	100.00	350.00	Steps to Freedom				
End of the Road Group		2.30	Sunnyside Group	370.00	1155.00		
Eye-Opener		1676.00	Susanville Fellowship		The Partie Hall		
Fallon Saturday Grapevine		100.00	Tahoe City Fellowship		400.00		
Fallon Silver Lining	75.00	75.00	The Blue Room Group	400.00	47.53		
Fernley Groups Fireside Group	100.00	300.00	The Next Chapter The Rock Group	100.00 231.31	100.00 436.31		
First Responders		200.00	The Shop	231.31	300.00		
Galena Friday Night		200.00	Truckee Dawn Patrol		000.00		
Genoa Roadside Group			Truckee Fellowship		53.82		
Greenville Group		50.00	Truckee River Men's Stag	1000.00	1500.00		
Ground Zero		500.00	Verdi Greener Pastures				
Groupo Latino Reno		10.00	Verdi Meditation	125.00	125.00		
Grupo Accion Grupo Fe Y Esperanza	30.00	40.00 120.00	Warriors in Recovery Wednesday Night Beginners Mee	300.00	300.00		
Grupo La Nueva Luz	20.00	50.00	Weekend Warriors	aung			
Grupo Nueva Esperanza	20.00	17.00	Westwood Back to Basics				
Grupo Nueva Vida		20.00	Whole in the Ground				
Grupo Solo Por Hoy	20.00	60.00	Whole in the Soul				
Grupo Vivendo Sobrio	50.00	200.00	Winnemucca Serenity Seekers		180.00		
Grupo Volver A Empezar Happy Hour Reno	474.00	824.00	Women's AA Literature Women's Down and Dirty		205.00		
Incline Village Fellowship	4/4.00	624.00	Women's Down and Dirty Women's New Beginnings		614.00		
Inclined to be Sober		97.36	Women's New Harmony		014.00		
Lone Pine Group		225.00	Yerington Group				
Lovelock AA		20.00	Young at Heart		80.00		

We Stick to What Works

By: George H. | Kingston, New Hampshire While trying to help someone through the Steps, he got an important reminder to stay close to our primary purpose

I had the chance to work with a man who had been attending a nearby Big Book Step Study meeting that I frequented from time to time. I met with him after the meeting and he agreed to my conditions to sponsor him, specifically that I was in his life to bring him through the Steps. He would develop his own relationship with God, while acknowledging that I was not an expert or mentor in any other way and would share my experience in the AA program with him. If we gained a friendship as a result, I told him, that would be great, but friendship was not the main reason for my sponsorship. He agreed to my terms, and we started to go carefully through the Big Book.

At "The Doctor's Opinion," we came to a screeching halt. As we were going over the three components of an alcoholic (mental obsession, physical compulsion and spiritual malady), he told me point-blank, "You know I can't identify with this. I don't think I'm an alcoholic based on this, but I still want to go through the book and take the Steps. I really value the peace and serenity I see from the people at the Big Book Step Study, and I want what they have."

We discussed alcoholism a little more, using Chapter 3, "More about Alcoholism," and he confirmed as I discussed each of the examples in the chapter that he absolutely didn't have a drinking problem.

My ego got the better of me and I didn't want to turn him away from the chance to do the Steps because I know the value of the Steps in *my* life. So I tried to find some common ground. Since we couldn't get through the First Step hurdle of powerlessness over alcohol, we couldn't take the First Step as it's written.

Consequently, I overstepped my bounds, hurtling over the Traditions. I volunteered to do the Steps with him if we could identify something—some other substance or behavior that he was powerless over—that made his life unmanageable.

So we looked for another angle for this recovery, maybe through Al-Anon or drugs or food or work or any other addiction, but remarkably and fortunately for me, the Tradition violator, none were to be found and he

couldn't identify with any of them. The end result was that we parted company, and I didn't see him after that.

The point I'm getting to is that, as one AA speaker I've heard says, "All can come into AA," and all we ask is that you "catch alcoholism" so that we can work our recovery as laid out in our Twelve Steps.

There was my answer. I was in error to try to be an expert in any other addiction, even if it meant I could bring someone through our hallowed process. I needed to stick with what works, and what works is our primary purpose.

I also learned that I need to maintain the code of love and tolerance. I need to be accepting of those having other addictions besides alcohol or maybe no addictions, and I need to send out gentle reminders about our Traditions—but to do so in private, in the spirit of consideration of others. The truth will flush itself out eventually, keeping in mind our primary purpose to the suffering alcoholic.

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"God can't give you anything new until you let go of the old."



Interview with an alcoholic continued

My sponsor would say do that fourth step, I said," George, what are you talking about?" He said "you got to do that fourth step." I said "you got to remember, I'm a Catholic boy, I go to confession, I don't have anything to say."

And he said, wait a minute. You said you're an alcoholic. Are you telling me that you were saintly alcoholic? I said no, that's not true. And he said, well, then think about what you're saying. So I did my fifth step with a Jesuit priest in Oakland, CA, who, by the way, is on the AA speaking circuit and his name is Father Ernie, and he travels all over the country and gives talks. He was relieved of his Jesuit duties and he does nothing but work with Alcoholics and drug addicts. Nice guy. What a great guy anyway.

When I went to do my stuff, I had one of those big pieces of paper that you write everything on it. I gave it to him, and he looked at it and he threw it in the garbage can. And he said, "Why don't you tell me something about yourself?" So, I went on and talked about myself, what a great guy I was, had a great family and got a lot of money and blah, blah, blah, blah, blah. And He said, "really, well, can I ask you a question?" He said, "have you ever thought about how selfish you were." I said, "what do you mean?" He said "Well, you just told me that, you're madly in love with your wife, but you were having a problem because you weren't coming home at night. Do you think that's not selfish?" Talk about the baseball bat on the head. See, I never went to confession and admitted I was an alcoholic, never. I never realized how selfish I was. She's home with the kids and I'm out there doing my thing. He was very good. I tell people he stripped me like an onion. He just peeled me away.

How many times have you gone through the steps? Probably every day. There are certain things, I've tried to do an inventory religiously. I do say prayers every morning and every night. So that's all part of that. And of course, I'm trying to carry the message.

You have lived in many different places, tell us about the different kinds of recovery you've seen.

I lived in two states where there was a lot of drinking. One of them was Nevada, the other place I worked at for five years was in New Orleans, LA. I was in A.A. and the thing that I noticed about the people in New Orleans was you'd go to an early morning meeting around 8:00, and people would come in with black pants and white shirts on. I think what's with all these people they say, they're all coming from work. They are open 24 hours a day, seven days a week and always open, like here. I never thought about that, that our bars are open all night long and they were all coming in

for a meeting. My other experience in New Orleans was a gal came in, he had a child with her. The child was probably 14 to 15 years old. I asked this guy," is this an open or closed meeting?" He said, that's her daughter. And I said, is she allowed to be here. He said "Dennis, she worked on the street for two years." She was a kid. You should have heard their story. I could not believe it. I had a guy who asked me to be a sponsor, and he was very wealthy in the oil industry. I said, sure, if somebody asked me to be a sponsor, I interviewed them. I'll say let's go have coffee and let's talk because I want to make sure that what I think and what they think is going to match up. We go and we have coffee. I said, tell me a little about yourself. I'm married; I got 2 girls. And I have a girlfriend and. I stopped him, I said. What did you say? He said. What do you mean? I said, did you just say you had a girlfriend? Yeah, I said. Well, in that case I can't sponsor you. And he looked at me, he said. Why? What are you talking about? I said, I thought this is supposed to be a program of honesty. You're telling me, you have a girlfriend and you're married with two daughters, that you're being honest. He said you are the first person that ever said that to me. I said, well, that's the deal. If you are going to keep the girlfriend, I don't want to sponsor you. I met him about a month later at a meeting. He said can I talk to you a minute? I said, I thought we already had this discussion. He says since our conversation, I don't have a girlfriend anymore. I said, well, good for you now I'll sponsor you. I mean, we can't let people lie. You got to tell me the truth. Either clean the slate or forget it.

Final thoughts?

I hope that the program never changes that we maintain singleness of purpose and that we carry it to the best of our ability. That's all I can do.

This interview was recorded on February the 22nd, 2025





RULE 62

True love

She was a widow and he was a widower. They were both blackout drunks since their teenage years. They had a brief relationship in high school but then went their separate ways.

Now, at their 60th high school reunion, here they were, face-to-face again. They picked up right where they left off, with the heavy drinking, flirty comments, coy smiles and dancing. At the end of the evening the well-fortified widower had the liquid courage to ask her, "Will you marry me?" She immediately responded, "Yes! Yes, I will!"

So the widower was delighted. The next morning, nursing a hangover and remembering only blurred pieces of the evening, he couldn't remember if she said yes or no to his proposal. So with some trepidation he picked up the phone and called her, explaining that sometimes he didn't remember things very well. Finally he asked her, "When I asked you to marry me last night, did you say yes or did you say no?" "Why, you silly man, I said yes and I meant it with all my heart!" The widower was thrilled. Then she said, "And I'm so glad you called, because I couldn't remember who asked me!"

When I started in A.A. in 1976 in Northern California, I had a job therefore, I could only go to evening meetings. Usually after the meeting we would go out for dessert and coffee. As a newcomer I didn't realize that they were doing this for me. After several of these coffee events I finally said "may I ask a question? How much coffee do you gentleman drink?" One older members shouted "Sir, we don't know of anyone who has died from drinking too much

Miles to nowhere

coffee" What a roar!



Three tipsy friends were sitting in the bar of a railway station waiting for a train. When the train arrived, they decided to have one last quick one before departure. This, of course, made them late for boarding.

Just as the train was pulling out, the three made a dash for it. Only two of them made it. The third fellow staggered back to the bar, laughing his head off. The bartender, curious about his good humor, asked how he could be so happy, having just missed his train.

"I did miss it, indeed," said the drunk, "but the funny thing is, the other guys only came down to see me off."



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