

## **July 2024**

Concept 6	2
Events	3
Book of the Month	4
Showcase Meetings and more	4
Service Opportunities	5
Group Contributions	6
Brewing a Resentment	7
I am an Alcoholic Counited	8
To Catch a Thief	8
Rule 62	9

#### GENERAL WARRANTIES OF THE NORTHERN NEVADA INTERGROUP ASSOCIATION OF ALCOHOLICS ANONYMOUS

In all its proceedings, the Intergroup Association observes the spirit of AA Traditions, taking great care that the Intergroup Association never becomes the seat of perilous wealth or power; that sufficient operating funds, plus a reserve be its prudent financial principal; that none of the Intergroup Association members shall ever be placed in a position of unqualified authority over any of the others; that all important decision be reached by discussion, vote and whenever possible, substantial unanimity; that no Intergroup Association action ever be personally punitive or an incitement to public controversy; that though the Intergroup Association may act for the service of AA Groups in the Northern Nevada area and parts of Northern California, it shall never perform any acts of government; and that, like the Society of Alcoholics Anonymous, the Intergroup Association itself will always remain democratic in thought and action.

(The above is adapted and modified from "The AA Service Manual", and AA Co-Founder Bill W's. Twelve Concepts for World Service; Concept XII, as adopted by the General Service Conference on April 26, 1962. This adaptation of copyrighted AA material has been approved by the General Service Board)

#### **CENTRAL OFFICE**

436 S. Rock Blvd., Sparks, NV 89431 Monday thru Friday 9:00 AM to 5:00 PM Saturday 9:00 AM to 1:00 PM 24 Hour Answering Service:

(775) 355-1151 Fax: (775) 355-1560 EMAIL: officemanager@nnig.org Web Site/Meeting Schedule: nnig.org The Bracer: nnigbracer@gmail.com

## THE BRACER



## **NORTHERN NEVADA INTERGROUP**

I am an alcoholic my name is Frank. I know people usually say I'm Frank I'm an alcoholic but saying it the other way may have saved my life. When I was new I did everything wrong, or as I like to say I did enough right to keep coming back. Back then I was working on tugboats on S.F. Bay. I was on fire for getting someone sober or getting someone into the union, both were a passion.

A new tugboat came into the bay and one of my union brothers and I were following it from the shore. We were going to invite them to sign pledge cards to join the union. They tied up just north of Port Costa at a busted dock no longer in use. We invited ourselves on board. The discussion was heated and voices were raised. Clearly they were not interested in joining up. We were clear it was in their best interest. I recall standing up, and then going down.

The next thing I remember was sitting out on the Benicia town dock. It had been daylight but now it was dark and I was on the other side of the Carquinez Straight. I'm sitting there and have no idea how I got there. I took stock of myself and could see some blood and feeling around realized I had a big gash on the back of my head, and a small one on my chin. At that time this guy was walking toward me as if he knew me and said we needed to go to the hospital to get stitched up. I concurred. I knew I looked like a mess, head wounds bleed all over the place. I could feel the open wound but didn't think my skull was cracked.

We walked to his car, and I still can't figure out who this guy is, but off we went. As we drove out of Benicia, back over the river, to the hospital in Martinez we passed a bar. Looking at him I said, hey, let's stop in for a couple of horns. To my thinking, the bar would close at 0200 and the emergency room would be open all night long. My running mate gave me the oddest look, like I had said something inappropriate. It got me to thinking, and then it came to me, and I said to him, I'm an alcoholic my name is Frank. he nearly swerved off the road.

He knew how bad a shape I was in, but my newly sober, 6-month brain did not, and at that moment a drink sounded pretty good. and then it didn't. I remembered...I don't drink anymore..... I was going to those meetings and I was an alcoholic. That was when my mind started to come back. it started with, I'm an alcoholic my name is Frank.

Continue p. 7



# Recovery Step Seven:

"Humbly ask Him to remove our shortcomings."

## Three

## <u>Unity</u> Tradition Seven:

"Every A.A. group ought to be fully self-supporting, declining outside contributions."

## Legacies

## **Service**

**Concept Seven:** 

The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document: that it relies instead upon the force of tradition and the power of the A.A. purse for its final effectiveness.

#### Concept 7

This Concept attempts to clarify the relationship and "balance of powers" between the Conference and the General Service Board. "This... may look like the collision of an irresistible force with an immovable object." On the one hand, "the board is invested with complete legal power over A.A.'s funds and services; on the other hand the Conference is clothed with such great influence and financial power it could overcome the legal rights of the board.

"Thus, the practical power of the Conference is, in the final analysis, superior to the legal power of the board. This superior power derives from the traditional influence of the Conference Charter itself; from the fact that the delegates chosen by the groups always constitute more than two-thirds of the Conference members"; and finally from the ability of the delegates to cut off financial support by the groups. "Theoretically, the Conference is an advisory body only; but practically speaking, it has all the ultimate power it may ever need."

The Conference "recommends" — though its recommendations have the force of directives to the board. The board executes these recommendations.



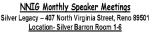
The board does have the legal authority to veto a Conference recommendation — but in actual practice, it never has done so. As Bill tactfully puts it, the trustees "simply refrain from using their legal right to say 'no' when it would be much wiser, all things considered, to say 'yes.

Reprinted from The Twelve Concepts for World Service illustrated, with permission of A.A. World Services, Inc. You may see the whole pamphlet at AA org or get one from NNIG Central Office.

The Bracer is a monthly publication intended for members of Alcoholics Anonymous and their families only. It is about, by and for members of the fellowship. Opinions expressed herein are not necessarily those of A.A. as a whole or NNIG. For article submissions or comments, email the Editor at <a href="mailto:nnigbracer@gmail.com">nnigbracer@gmail.com</a>
Deadline for submission is the last Friday of the month.

## NNIG & AREA EVENTS

EVENTS HOSTED BY NORTHERN NEVADA INTERGROUP TO SUPPORT CENTRAL OFFICE





Monthly Speaker Meeting Doors open at 6:30 PM Speaker at 7:00 PM



June 8, 2024 Ron H. Portland, OR. Host Group – Jay Walkers

July 13, 2024 Heather S. Reno, NV Host Group- KISS Group

August 10, 2024
Deanna S. Reno, NV
Host Group- Minden/Garnerville

NNIG Speaker Chair: Kevin B. 775-470-4614 Need more info call: Central Office – (775) 355-1151 Join us for dinner at Café Central @ ~5 pm with the speaker.





## OTHER AREA EVENTS



Camp Richardson "Eagle's Nest" South Lake Tahoe, CA

July 11-14, 2024

Onifine Registration Open serenityinthesierras2024.eventbrite.com

SCANTO REGISTER O'NLINE

If you have any questions
Call: Joel B. (775)544-5115 or Amber V. (775)500-1163
Email: serenityinthesierras@gmail.com





Lake Tahoe Fall Festival
49th Annual AA Convention on Lake
Tahoe's South Shore

### **Golf Tournament**

Friday, October 4th, 2024 10 am Tee Off Lake Tahoe Golf Course 2500 Emerald Bay Road

4 Man Scramble

We will pair two, 2 man scramble teams together unless you have 4. Singles may register and will be blind grouped to 4 man teams.

No handicaps, all for fun! Awards: Fiirst Place Team, Longest Drive, Closest to pin! Fun! Fellowship!

Must Pre-Register: https://www.laketahoe-aa-fallfestival.com/

Any questions, please email Ed B edwarddboyle@yahoo.com

## MEETINGS AND MORE

## Central office report from Ronda H. May 2024

The book of the month is "As Bill See's It" \$20FF Get yours while supplies last! Pamphlet is "Frequently Asked Questions about AA." \$0.40. Sign up for The Blast, email of what's happening in our local AA. Fellowship. Email officemanager@nnig.org to be added to this once-a-month email.

Volunteer Hours: 107 Hours Calls into Central Office: 110

- Calls for AA help -11
- Calls for Alanon/Alateen 1
- Meeting information 28
- Retail / merchandise 17
- Other 12-step programs 2
- Events 8
- New to AA/ Talked with 4
- Business/Central office- 39
- Visitors 236 -Dogs- 3
- Texts 5

Ronda H. Central Office Manager





Joann P. 11 Years

June 2024 Paul C. 33 years Kule b. 42 Years Believe more deeply. Hold your face up to the Light, ever though for the Did you know you can share your sobriety and gratitude in a practical way by joining the A.A. Birthday Club? Sign Up today and be featured in the Bracer Birthday Club section of the Bracer. Show your Support for your NNIG & Central Office, Join the Birthday Club. A donation of only one dollar for every year of your sobriety.

> Central Office, NNIG Business Meeting or Intergroup Representatives

Envelopes available at

Five N Live
Saturday 5:15 PM
Alano Club
680 River St.
Elko, NV

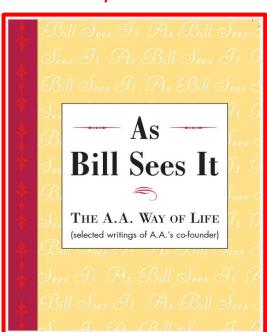






As Bill SEE's IT

\$2 OFF



## SERVICE OPPORTUNITIES

#### N.N.I.G. STEERING COMMITTEE

Last Tuesday of each month, 5:30 PM Central Office, 436 S. Rock Blvd., Sparks N.N.I.G. BUSINESS MEETING

First Tuesday of each month, 6:30 PM Alano Club, 1640 Prater Way, Sparks N.N.I.G. MONTHLY

SPEAKER MEETING 7:00 PM Silver Legacy - Silver Baron A 2<sup>nd</sup> Saturday of the month

N.N.I.G. H&I

Call Central Office 775-355-1511

### CENTRAL OFFICE

IS OPEN ON SATURDAY From 9:00 AM TO 1:00 PM! STOP IN FOR A CUP OF COFFEE AND FELLOWSHIP!

#### **AREA CLUBS**

#### Reno / Sparks Clubs

Alano Club Sparks, 1640 Prater Way (775) 359-2727 Driars Club Reno 345 S. Wells Avenue (775) 324-9210 Triangle Club Reno 635 S Wells Avenue (775) 324-7977

Clubs outside Reno/Sparks Area

Alano Club Carson City, 1800 HWY 50 East (775) 882-0443 Bishop Alano Club (760) 873-6700 Elko Alano Club (775) 738-4747 Las Vegas Triangle Club (702) 435-0597 South Lake Tahoe (530) 541-1243

## **District Meetings**

DISTRICT-2 2nd Thursday of each month, 6:30 Central Office

DISTRICT 4 First Thursday of each month, 6:00 pm Triangle Club OR Zoom ID: 916 3107 1014

PW: bestdamnd4

DISTRICT 6 2nd Sunday of even numbered months-

For information email

district6@nevadaarea42.org DISTRICT 8 First Sunday, 3:30 p.m. on odd months

Call (760) 937-8407

DISTRICT 10A Third Sunday of every other month, 1:30 PM

680 River St. Elko, NV

DISTRICT 10B Dark since 2017

DISTRICT 11 Only holds meetings 4 time a year, call DCM

DISTRICT 12 2nd Saturday of each Month at 5:00 PM- 457 Esmeralda Street Wolf Center, Fallon NV

DISTRICT 14 3rd Wed of each "Odd" month at 6:00 PM -265 Bear Street in Kings Beach CA

DISTRICT 16 Meeting is held 3rd Tuesday of the month

Sparks Family Christian Church 510 Greenbrae Blvd 6:00PM-7:00PM

DISTRICT 18 DARK DISTRICT

**DISTRICT 20** Third Saturday of Jan, Mar, May, Aug & Oct 10:30 AM- Contact DCM @

district20@nevadaarea42.org for location

DISTRICT 22 1st and 3rd Thursday of every month 6:30 PM @

Central Office





#### Help is needed! The A.A. 12-Step Call List has been

recently updated and the list was drastically reduced.

This service is a vital part of A.A. There are also shifts that need to be filled on the answering service.

All areas in Northern Area 42 are needed.

775-355-1151

Please call the Central Office to be added to the list. One year of sobriety is requested.



When anyone, anywhere, reaches out for help, I want the hand of A.A. to always be there and for that I am responsible.

## Seven Prayer

My Creator, I am now willing that You should have all of me, good and bad. I pray that You now remove from me every single defect of character which stand in the way of my usefulness to You and my fellows. Grant me strength, as I go out from here to do Your bidding Amen

#### NNIG/Central Office Group Contributions 2024

			oup Contributions 2024	luna	VTD
Group	June	YTD	Group	June	YTD
4th Dimension- ON-LINE		183.80	A Vision for You		175.00
A Way Home Alano Big Book Study		641.27	Happy Hour Reno Kindred Spirits		475.00 250.00
Alano Brown Baggers		26.10	Kings Beach AA Golden Group	293.09	293.09
Alano C ST. Discussion		65.00	Ladies of The Evening	200.00	200.00
Alano Jaywalkers		491.67	Ladies of the Lake		
Alano Living Sober			Lone Pine Group		45.00
Alano Open Heart Open Mind		50.00	McGill NV Freedom Group		
Alano Sunshine Group		400.00	Mid-Day Group ON-LINE		70.00
Alano Women in Recovery			Minden Language of the Heart		12720107 F20121
Back Room Group	200.00	167.87	Minden Saturday Night Fever		256.34
Back to Basics Saturday Night	300.00	771.00	Minden Stephanie Way Group		448.00
Beginners are Winners On-Line Gro Bishop High Sirra Group	oup	589.50 103.65	Minden Wednesday Night Live Minden/Gardnerville Group		46.78 94.21
Blairsden Graeagle Sisters in Rec	nvarv	103.63	Mt Rose Men's Group	30.00	30.00
Blue Room Group	overy	61.88	Mt Rose Candle Light	00.00	150.00
Caring & Sharing in Stead		561.21	Mt Rose Recovery Room	246.53	1105.13
Carson Alano Club		211.00	NNIG Business Meeting	31.00	216.50
Carson Big Book Experience			Old Time AA Group		68.42
Carson Brown Baggers		303.00	Portola Group		100.00
Carson City Un Dia a La Vez		293.10	Positive Acceptance Group		547.16
Carson Early Birds Phone Meeting	1	1180.00	Pyramid Way Discussion Group		222 22
Carson Happy, Joyous and Free		439.25	RTC Almost Heaven	100.00	600.00
Carson Jay-Walkers Men's	90.00	500.00	RTC Aloha Group	079.00	1292.97 1946.00
Carson Men's NO BS Stag Carson Sandbaggers	100.00	205.00 400.00	RTC Beginners are Winners RTC How We Stay Stopped	978.00	110.00
Carson Sandbaggers Carson Sisters in Sobriety	100.00	225.60	RTC Little Rascals		50.00
Chester Fellowship		225.00	RTC Men's Trudgers		388.30
Chester Saturday Night Group			RTC Monday Night Mens	300.00	600.00
Chester Wednesday Women's Ser	enity				
Choices	500	100.00	RTC New Awakenings Group		498.42
Cold Springs Book Study			RTC Not a Glum Lot		\$4.00mg (MOST) #10.00%g/W
Cornerstone Group			RTC Women's Just for Today		242.60
Crazy Drunks			Serenity in the Sierrias Campout		500.00
Dayton Fellowship Hall			Serenity on Sundays		
Dayton Friday Night Rule 62		767.60	Silver Springs Groups		22.75
Dayton Red Rooster Dayton Sunday Morning	360.00	767.60 360.00	Sisters in Sobriety Sisters of Sobriety SOS		32.75 41.35
Decompression Chamber/online	235.03	617.52	Slide Mountain Serenity	750.55	750.55
District 12	200.00	011.02	South Y Shore Lake Group		180.00
District 14		250.00	Southside Group	126.05	956.00
District 2	13.00	51.00	Step 1		160.00
District 22	303.00	625.35	Sunnyside Group		1240.00
District 6			Susanville Fellowship		100.00
Double R at Noon			Tahoe City Fellowship		100.00
Driars Knuckleheads			The Next Chapter		100.00
Elko			The Rock Group The Shop		297.59
End of the Road Group Eve-Opener	1597.00	1597.00	Truckee Dawn Patrol		
Fallon Saturday Grapevine	1007.00	100.00	Truckee Fellowship		
Fallon Silver Lining		31.50	Truckee River Men's Stag	500.00	1100.00
Fernley Kiss			Verdi Greener Pastures		200.00
Fireside Group	488.56	1318.35	Wednesday Night Beginners Mee	ting	
First Responders		130.00	Weekend Warriors	127	15.63
Galena Friday Night		50.00	Westwood AA		1100000 0.0400 mm
Greenville Group		100.00	Westwood Back to Basics		107.08
Ground Zero		329.40	Westwood Monday Night		250.00
Groupo Latino Reno		E0 00	Whole in the Ground		350.00
Grupo Accion Grupo La Nueva Luz	60.00	50.00 135.00	Whole in the Soul Winnemucca Serenity Seekers	50.00	280.00
Grupo Solo Por Hoy	40.00	52.00	Women's AA Literature	50.00	50.98
Grupo Volver A Empezar	<b>⊣∪.∪∪</b>	20.00	Women's New Beginnings	500.00	1265.50
Incline Village Fellowship		96.75	Women's New Harmony		35.00
Inclined to be Sober			Yerington Group		200.00
Jamesville God Grant Me			Young at Heart	121.00	221.00
Jamesville Women's Monday Nigh	ıt				

#### Brewing a Resentment

## BY: WARREN J. | COMSTOCK PARK, MICHIGAN

To do his 90 in 90, a newcomer starts a meeting at a church. But why wasn't the priest providing more coffee?

I got sober while I was working on an island four days a week. I kept hearing about 90 meetings in 90 days. Problem was, it was winter and there were no AA meetings on the island. On the mainland, I was able to go to a meeting on Thursday night, three meetings on Friday, a meeting on Saturday and two on Sunday. I even thought of moving to a place where I could go to an AA meeting every day.

After talking to my sponsor about my problem, we decided to contact the church on the island where they had AA meetings in the summer and ask if I could start a winter meeting on Wednesday nights. The priest at the church told me that I could use the church basement, but on some nights I might have to take the meeting across the street to the church's rectory if the church needed its meeting rooms. So I started the meeting and sat in the church basement every Wednesday for an hour and read the Big Book. In early sobriety, I was alright until the fog in my head started to lift, and this sure seemed to help my thinking problem.

I remember the first time I was told I had to move the meeting over to the rectory because the room was needed by the church. The priest met me at the door and gave me a cup of coffee, and across the street I went. This situation worked fine for a while. Then one night, I was having dinner with a friend, and I asked him to come to the AA meeting that night. When I left his house, he said he might be able to make it, but he wasn't sure. I arrived at the church and the priest met me at the door with a cup of coffee and across the street I went. So I sat at the kitchen table there with one cup of coffee, wondering whether my friend would show up. What would I do if he arrived and I had no coffee to offer him?

This is where my resentment started against the priest, even though my friend never showed up that night. After that night, every time the priest asked me to move the meeting over to the rectory, my resentment grew. What would I do if someone showed up and I had no coffee to offer? I talked to my sponsor, and we were not coming up with the answer. I tried to find another place to move the meeting to, but that never worked out.

Then one Wednesday night I was on my way to the meeting, again thinking about a person I knew who I really thought would be coming to the meeting. Sure enough, when I got to the church, there was the priest with a cup of coffee in his hand.

After the meeting I went back to my apartment, not knowing what to do about this coffee situation. Then I had a thought. I checked every room and even looked out the window to make sure no one was looking. I got down on my knees and told God I didn't know what to do. That was the first time I ever got on my knees to pray. Afterward I got into bed and slept through the entire night. And wouldn't you know it? I woke up in the morning with the answer: Buy a coffeepot! Right away, my resentment was gone. I had just gotten my first lesson on Tradition Seven.

If you knew me
in my
drinking days,
I am sorry.
Please allow me
to re~introduce
myself.

#### TO CATCH A THIEF

BY: P.N. | TORONTO, ONTARIO A group shows how they deal with missing money—lovingly TRADITION SEVEN: Every A.A. group ought to be fully self-supporting, declining outside contributions.

Over the past 22 years that I've been a member of my home group, there have been several occurrences where money has disappeared—or was stolen, if you prefer. Three or four times the group treasurer, short of funds, had "borrowed" group money to buy cigarettes or coffee or something, with the intention of paying the money back at the end of the week. Over time, the amount owed and the accompanying guilt at not being able to pay the money back created a situation where the person felt so badly that they had to talk to someone, usually their sponsor or the group responsibility chair. It would then be brought to the attention of some of the group members. Since the treasurer couldn't pay back the money, it was suggested that the person use their weekly Seventh Tradition contribution to repay the funds. We let them tell us when the money had been repaid. None of them drank.

In another situation the treasurer took the funds to pay his rent, which emptied the group bank account and dissolved our prudent reserve. When this information became public at our monthly responsibility meeting, some members of the group suggested that the person be forced to publicly apologize at our Open Speaker Meeting. After much discussion, a more seasoned member suggested that since the members of the group had elected the treasurer, that we were responsible. We had elected the treasurer.

That completely changed the tone of the discussion. We, the members of the group, had to be responsible. The other point brought up by this future delegate was the question of what was more important, a member's sobriety or money which could be replaced. That former treasurer is no longer a member of the group, but he didn't drink and is still sober. The group members dug into their pockets and replaced the money.

In another situation, contributions were not sufficient to meet the group's financial obligations. No money was stolen. It was summertime and the money collected in the Seventh Tradition was insufficient to meet our expenses. The treasurer at the time felt that somehow it was his fault, so he started to pay the group bills from his own pocket. When the group found out, we were able to explain that it was our responsibility, not his. He was reimbursed, and we announced to the group that we needed those

who could to contribute more. We replaced the funds and created a stronger prudent reserve.

My last example is more personal. My wife was the secretary/treasure of her district. My son from my first marriage was experiencing his own difficulties in life, and came to live with us out of a juvenile custody facility. He took the district treasury, which my wife had not had time to deposit. At the time, I was the sole breadwinner with two young children plus my son and wife to support, and I was not happy. However, it was our responsibility to replace the money, and we did.

When I first got to AA, I had a lot of loudly expressed opinions on many aspects of the program, most of which I didn't understand. These included the most common ones, such as wanting to be president of AA in recognition of my greatness, wanting to re-write the Big Book to suit my tastes and current language, thinking that I should be able to achieve 20 years of sobriety in two years, and the most popular of all—judging others. My sponsor calls it ego.

Copyright© The AA Grapevine, Inc 1959 Reprinted with permission

#### I am An Alcoholic continued from p.1

Anyhow we got to the hospital and I started to fill out the paperwork. Looking in my wallet, this was pre- cell phone days when one's wallet was a mini office of information, I realized I was married. Hmm I thought in that foggy moment, I wonder if she's hot. After getting stitched up and more of my memory came back I called her and recognized her voice. I told her I had had an accident and not to worry and was headed home. Given my track record I assumed she would assume I had gone back out drinking.

She also said I sounded very odd on the phone. By the time I got back to San Francisco where we lived, I was thinking pretty clearly, or so I thought. It was a few days before it all came back. Although I have never figured out how I got across the river and to the Benicia dock. To this day I can still remember my partner's face when I suggested we stop in for a few drinks, and the look he gave me like I was nuts. I have never forgotten what came next, the first thing I remembered, I'm an alcoholic my name is Frank.

I'm growing old now, I am aware I'm not as sharp as I used to be. I'm forgetful, like where did I put the car keys, old folks stuff like that. I wonder what the future will bring as my memory fades. I just hope I never forget,.....I'm an alcoholic my name is Frank, an if I forget my name, I hope I never forget..... I'm an alcoholic.

Frank



#### **RULE 62**

My Hobby Is Drinking **BY: BOY SCOUT** 

I LIVE in the country and the AA group in this county meets weekly in the Parish House of one of the churches. I approached the building at about 7:45 that evening, not knowing what to expect but determined to go through with it no matter how bad it hurt.

As I entered the front door I saw some sort of meeting in progress in the main room and went in. People were moving around and no one paid any attention to me. Finally a man who seemed to be the master of ceremonies at the blackboard in the front of the room rapped on it with a pointer and called out:

"The meeting will now come to order. Please group yourselves in two concentric circles with the outer circle facing the inner circle. Now tell the partner who is facing you what your hobby is."

I am a man in my sixties and while I pride myself on having kept some of my youthful looks I can by no means claim to be a spring chicken. I noticed that quite a few of the people in the room were young, quite young, in fact. I had either lost touch or else the present younger generation was beginning to drink mighty early. Well, what of it? My partner, now facing me, was a teen-age girl of about fifteen. I had no particular hobby but I'd do the best I could.

"Well," I said, "I guess my hobby is drinking. What's yours?"

Her expression changed. Her eyes popped and her mouth fell open. I don't remember what she said or if she answered at all. But something seemed wrong, so I said, "Say, what is this meeting? Is this the AA meeting?"

"No o-o," she stammered, "it's the Boy Scouts."

Remarking that if I was in the right church I sure was in the wrong pew I hurriedly left the meeting and the room. On my way out of the building I saw a side room in which there were two people. I asked them if it were correct that Alcoholics Anonymous was supposed to meet in the building that night and I was told that they were meeting there, but in the room in the basement. I went downstairs and so attended my first AA meeting.

"When I look at a new prospect I say to myself, 'If you don't take a drink, feller, you'll be where I am, and if I do take a drink, I'll be where you are--in no time flat'."

Everyone is always talking about the 12 Steps in A. A. Another way of thinking about it are the 12 Mis-Steps of A. A. Here they are:

- 1. Start missing meetings for any reason, real or imaginary.
- 2. Become critical of the methods used by other members who may not agree with you in everything.
- 3. Nurse the idea that someday, somehow, you can drink again and become a controlled drinker.
- 4. Let the other fellow do the 12th Step work in your group. You are too busy.
- 5. Become conscious of your A. A. seniority and view every new member with a skeptical, jaundiced eye.
- 6. Become so pleased with your own views of the program that you consider yourself an "elder statesman."
- 7. Start a small clique within your own group, composed only of a few members who see eye-to-eye with you.
- 8. Tell the new member in confidence that you yourself do not take certain of the 12 Steps seriously.
- 9. Let your mind dwell more and more on how much you are helping others rather than on how much the A. A. program is *helping you*.
- 10. If an unfortunate member has a slip, *drop him at once*.
- 11. Cultivate the habit of borrowing money from other members; then stay away from meetings to avoid embarrassment.
- 12. Look upon the 24-hour plan as vital to new members, but not for yourself. YOU have outgrown the need of that long, long ago.



Scan here to go to the website

> NNIG Intergroup Office 436 S. Rock Blvd. Sparks, NV 89431 Return Service Requested

THE BRACER SUBSCRIPTION WOULD MAKE A FANTASTIC GIFT!

THIS IS ALSO A GOOD TIME TO UPDATE YOUR SUBSCRIPTION! USE THE SUBSCRIPTION FORM BELOW!

N. F.
and the same of th
NNIG BRACER SUBSCRIPTION FORM
Date
New Renewal Donation for Electronic Version
I cannot send a donation at this time but I would still like to
receive the BRACER electronically
V
Name Mame
Address State Zip
Email address:
\$15 One Year (Suggested) - Paper Version
\$7 Yearly Contribution (Suggested) – Electronic Version
Email us at nnigbracer@gmail.com to sign up for your
Electronic Version of the BRACER. The BRACER
NNIG Intergroup Office
436 S. Rock Blvd.
Sparks, NV 89431
www.nnig.org
1 41 41 416 42
TO BY TO THE TANK OF THE PARTY

