

NNIG MONTHLY MEETING
SPEAKER



August 12, 2023
 Lorraine M.
 Placerville, CA
 Minden-Gardnerville Group
 Speaker at 7:00

Silver Legacy - 407 North Virginia St., Reno - Doors open at 6:30

August 2023

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GENERAL WARRANTIES OF THE NORTHERN NEVADA INTERGROUP ASSOCIATION OF ALCOHOLICS ANONYMOUS

In all its proceedings, the Intergroup Association observes the spirit of AA Traditions, taking great care that the Intergroup Association never becomes the seat of perilous wealth or power; that sufficient operating funds, plus a reserve be its prudent financial principal; that none of the Intergroup Association members shall ever be placed in a position of unqualified authority over any of the others; that all important decision be reached by discussion, vote and whenever possible, substantial unanimity; that no Intergroup Association action ever be personally punitive or an incitement to public controversy; that though the Intergroup Association may act for the service of AA Groups in the Northern Nevada area and parts of Northern California, it shall never perform any acts of government; and that, like the Society of Alcoholics Anonymous, the Intergroup Association itself will always remain democratic in thought and action.

(The above is adapted and modified from "The AA Service Manual", and AA Co-Founder Bill W's. Twelve Concepts for World Service; Concept XII, as adopted by the General Service Conference on April 26, 1962. This adaptation of copyrighted AA material has been approved by the General Service Board)

CENTRAL OFFICE
 436 S. Rock Blvd.,
 Sparks, NV 89431
 Monday thru Friday
 9:00 AM to 5:00 PM
 Saturday 9:00 AM to 1:00 PM
24 Hour Answering Service:
(775) 355-1151 Fax: (775) 355-1560
EMAIL: officemanager@nnig.org
Web Site/Meeting Schedule: nnig.org
The Bracer: nnigbracer@gmail.com



NORTHERN NEVADA INTERGROUP

AUGUST 2015

Ready to Sweep
 Step Eight reminds him which side of the street to clean.

STEP EIGHT: Made a list of all persons we had harmed, and became willing to make amends to them all.

When I was an active alcoholic, I caused physical, mental and spiritual damage to people. And as my drinking became more destructive, I isolated and alienated myself from others even more than usual, in an attempt to drink and drug without interruption or negative criticism. I'd then be overwhelmed with fear, shame, guilt and remorse. My self-loathing would spill over into all my relationships—the few that still remained, that is.

The Eighth Step gave me the toolbox I needed to explore these relationships more deeply. It enabled me to pinpoint those individuals whom I had harmed. And even if I was not actually ready to make direct amends to certain people, I was able to begin by writing out an amends list and praying for the willingness.

As I worked through my list, the essential question for me, as it says in the "Twelve and Twelve," was: "Whom have I harmed?" and in what ways. I was tempted to recall and list the ways these people had hurt me. In all honesty, there was perhaps harm on both sides. But I needed to focus on the harm I had produced. The Eighth Step does not depend on the character defects and shortcomings of others. I had to admit and acknowledge my own character defects and shortcomings. I needed to focus on "sweeping my side of the street."

Continue p. 7.

A A's

Recovery Step Eight:

"Make a list of all persons we have harmed, and became willing to make amends to them all."

Three

Unity Tradition Eight:

"Alcoholics anonymous should remain forever nonprofessional, but our service centers may employ special workers."

Legacies

Service Concept Eight:

VIII. The trustees are the principal planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

VIII. The trustees are the principal planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

This Concept deals with the ways the General Service Board "discharges its heavy obligations," and its relationship with its two subsidiary corporations: A.A. World Services, Inc. and AA Grapevine, Inc. Long experience has proven that the board "must devote itself almost exclusively to the larger questions of policy, finance, group relations and leadership In these matters, it must act with great care and skill to plan, manage and execute." The board, therefore, must not be distracted or burdened with the details or the endless questions which arise daily in the routine operation of the General Service Office or the publishing operations, including Grapevine. "It must delegate its executive function" to its subsidiary, operating boards. . . . The trustees are the guarantors of good management of A.A. World Services, Inc. and AA Grapevine, Inc by electing the directors of these service arms, a part of whom must always be trustees The executive direction of these functions is . . . lodged in the . . . service corporations themselves, rather than the General Service Board. Each corporate service entity should possess its own bylaws, its own working capital, its own executives, its own employees, its own offices and equipment." Bill draws from earlier mistakes by the General Service Board in trying to run the service function directly and warns repeatedly against "too much concentration of money and authority."



Reprinted from The Twelve Concepts for World Service illustrated, with permission of A.A. World Services, Inc. You may see the whole pamphlet at AA.org or get one from NNIG Central Office.

NNIG & AREA EVENTS

EVENTS HOSTED BY NORTHERN NEVADA INTERGROUP TO SUPPORT CENTRAL OFFICE

NNIG Monthly Speaker Meetings
Silver Legacy – 407 North Virginia Street, Reno 89501
Location-Silver Barron Room 1-6



Monthly Speaker Meeting
Doors open at 6:30 PM
Speaker at 7:00 PM



August 12, 2023
Speaker- Lorraine M. Placerville, CA
Host Group- Minden-Gardnerville Group

September 9, 2023
Speaker- Karl M. Covina, CA
Host Group-Positive Step Group

October 14, 2023
Speaker- Sheldon F. Las Vegas, NV
Host Group- A Vision for You

November 4, 2023
Speaker – Penny P. Livermore CA
Host Group - TBD

NNIG Speaker Chair: Kevin B. 775-470-4614
Need more info call: Central Office – (775) 355-1151
Join us for dinner at Café Central @ ~5pm with the speaker

NOVEMBER 11, 2023 GRATITUDE DINNER

Atlantis Hotel & Casino
Doors open 5pm
Dinner 6pm
Speaker:
Jennifer H. Dallas, TX
Tickets on sale
\$65

@ Central Office
436 S. Rock Blvd
Sparks Nv 89431
775-355-1151

PAMPHLET OF THE MONTH
\$.40

Frequently Asked Questions About A.A.



OTHER AREA EVENTS

BOOK OF THE MONTH
\$2 Off

District 2 Presents

WHAT
"THE IMPORTANCE OF A HOMEGROUP"
WORKSHOP, COMMITTEE CHAIRS WITH ARCHIVIST TABLE

WHEN
SATURDAY SEPTEMBER 23, 2023 @ 11:30 AM - 2:00 PM

WHERE
FIRST CONGREGATIONAL CHURCH
627 SUNNYSIDE DRIVE, RENO, NV 89503
DRINKS AND PIZZA PROVIDED



AA Area 42 Translation & Interpretation Committee

BILINGUAL SPANISH VOLUNTEERS NEEDED
To help translate Area42 minutes, emails, guidelines, etc.
Any proficiency level or none! Northern or Southern Area

We meet online every 3rd Thursday at 530 pm PST

We welcome all interested or just curious!

Questions?
Call the Las Vegas Central Office:
(702) 598-1888
and ask that someone from the translation committee contact you



Zoom ID: 474 938 3601
Passcode: Rule62

ALCOHOLICS ANONYMOUS

This is the Fourth Edition of the Big Book, the Basic Text for Alcoholics Anonymous.



Central office report from Ronda H. July 2023

The book of the month is "Big Book" \$2 off.
 Pamphlet is "Frequently Asked Questions about A.A." \$0.40. Check the website for all service commitments. Please check website for office closures. Website. New visitors. Sign up for The Blast, email of what's happening in our local AA. Email officemanager@nnig.org to be added to this once a month email.

Volunteer Hours: 111 Hours

Calls into Central Office:

- Calls for AA help - 0
- Calls for Alanon/Alateen - 2
- Meeting information - 31
- Retail / merchandise - 16
- Other 12 step programs - 2
- Events - 8
- New to AA - 13
- Business/Central office- 55
- Visitors - 272 -Dogs- 2

Ronda H.
 Central Office Manager





JULY 2023

NO BIRTHDAYS



"I aint heard Nothing"



Previous Birthdays

JUNE
 Ann G. 19 Years
 Paul E. 32 Years
 Kyle 41 Years
MAY
 Tom H. 21 Years
 Donn T. 33 Years
 Anonymous 38 Years
March 2023
 Kent L. 41 Years
 Kim D. 46 Years
 December 2022
 Sean S. - 32 Years
November 2022
 Sharron S. 38 Years
 Rich H. 36 Years
 October 2022
 Nancy H. 37 Years
 Dave S. 39 Years
September 2022
 Kathy S. 14 Years
 Mike H. 27 years
 Phil S. 46 Years
August
 Linda G. 30 Years
 Danny S. 20 Years

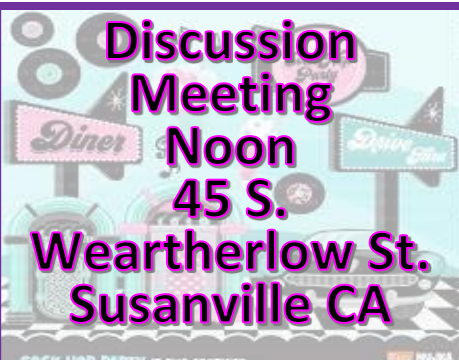
Did you know you can share your sobriety and gratitude in a practical way by joining the A.A. Birthday Club? Sign Up today and be featured in the Bracer Birthday Club section of the Bracer. Show your Support for your NNIG & Central Office, Join the Birthday Club. A donation of only one dollar for every year of your sobriety.

Envelopes available at Central Office, NNIG Business Meeting or Intergroup Representatives

Mammoth Lakes Group
Noon
5947 Minaret Rd
Mammoth Lakes CA



Discussion Meeting
Noon
45 S. Weartherlow St.
Susanville CA



2023 NNIG Halloween Committee NEEDS Members!!!

Next Meeting Thursday 5PM August 17, 2023



For information call
 Central Office
 775-355-1151



Sandbaggers
Noon
1800 E William St
#5 Carson City NV



The Real Lunch Bunch
Noon
141 Industrial Way Fallon NV.



N.N.I.G. STEERING COMMITTEE

Last Tuesday of each month, 5:30 PM
Central Office, 436 S. Rock Blvd., Sparks

N.N.I.G. BUSINESS MEETING

First Tuesday of each month, 6:30 PM
Alano Club, 1640 Prater Way, Sparks

N.N.I.G. MONTHLY SPEAKER MEETING

7:00 PM Silver Legacy - Silver Baron A
2nd Saturday of the month

N.N.I.G. H&I

Call Central Office
775-355-1511

CENTRAL OFFICE

IS OPEN ON SATURDAY
FROM 9:00 AM TO 1:00 PM!
STOP IN FOR A CUP OF COFFEE
AND FELLOWSHIP!

District Meetings

- DISTRICT-2** 2nd Tuesday of each month, 6:30 Central Office
Zoom # 91904741396 Password D2
- DISTRICT 4** First Thursday of each month, 6:00 pm
Triangle Club OR Zoom ID: 916 3107 1014
PW: bestdamnd4
- DISTRICT 6** 2nd Sunday of even numbered months-
For information email
district6@nevadaarea42.org
- DISTRICT 8** First Sunday, 3:30 p.m. on odd months
Call (760) 937-8407
- DISTRICT 10A** Third Sunday of every other month, 1:30 PM
680 River St. Elko, NV
- DISTRICT 10B** Dark since 2017
- DISTRICT 11** Only holds meetings 4 time a year, call DCM
- DISTRICT 12** 2nd Saturday of each Month at 5:00 PM- 457
Esmeralda Street Wolf Center, Fallon NV
- DISTRICT 14** 3rd Wed of each "Odd" month at 6:00 PM -265
Bear Street in Kings Beach CA
- DISTRICT 16** Meeting is held 3rd Tuesday of the month
Sparks Family Christian Church 510 Greenbrae
Blvd 6:00PM-7:00PM
- DISTRICT 18** DARK DISTRICT
- DISTRICT 20** Third Saturday of Jan, Mar, May, Aug & Oct
10:30 AM- Contact DCM @
district20@nevadaarea42.org for location
- DISTRICT 22** 1st and 3rd Thursday of every month 6:30 PM @
Central Office

AREA CLUBS

Reno / Sparks Clubs

Alano Club Sparks, 1640 Prater Way (775) 359-2727
Driars Club Reno 345 S. Wells Avenue (775) 324-9210
Triangle Club Reno 635 S Wells Avenue (775) 324-7977

Clubs outside Reno/Sparks Area

Alano Club Carson City, 1800 HWY 50 East (775) 882-0443
Bishop Alano Club (760) 873-6700
Elko Alano Club (775) 738-4747
Las Vegas Triangle Club (702) 435-0597
South Lake Tahoe (530) 541-1243

The central Office will be closed the following
holidays for 2023

February 20 - Presidents Day

May 29 - Memorial Day

July 4 - Independence Day

September 4 - Labor Day

October 27 - Nevada Day

November 11 - Veterans Day

November 23, 24 - Thanksgiving

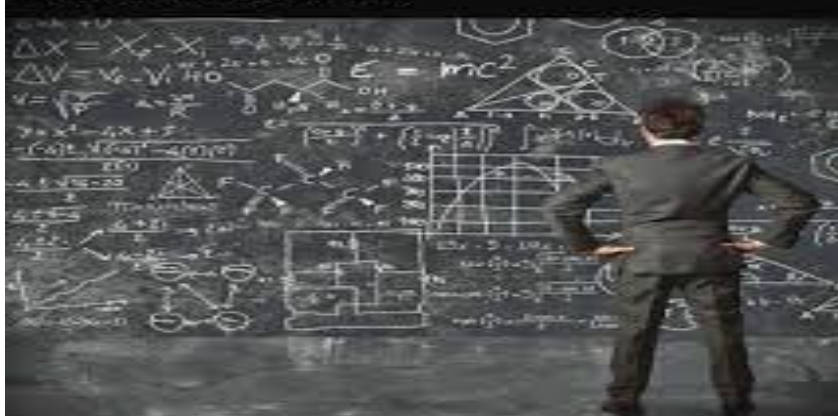
December 24, 25 - Christmas

December 29, 30 - Inventory

8th STEP Prayer

Higher Power, I ask Your help
in making my list of all those I
have harmed. Be forgiving to
others as You are forgiving to
me. Grant me the willingness
to begin my restitution.

Me explaining why I can't just
have one drink



CORRECTIONS SERVICE
COMMITMENT

Lake's Crossing Center

INFORMATION:

Two meetings (with two chairs for each meeting)
on Monday nights at 6:00 pm

REQUIRED:

Background check for current cases
- Two step TB test
Orientation

CONTACT:

Natalie M.
775-342-8045
potter_n@rocketmail.com

Thank you for your service!

READY TO SWEEP CONTINUED

When feelings of defensiveness began to emerge, I remembered that these individuals needed my forgiveness just as much as I

needed theirs. But whether they recognized that need was not the issue. If I were to be serious about mending broken relationships, and I certainly was, I needed to let go of my resentments and, simultaneously, to forgive others.

The following questions were helpful to me as I worked on my Eighth Step:

1) How was I bad-tempered because of my drinking?

2) Did I avoid friends and family as a result of my obsession?

3) What damage did I produce by letting my self-will run riot?

These helped me gain valuable insights and discover other people to add to my list.

As I continued on my Eighth Step journey, it became apparent that I did much damage to myself as well. And it dawned on me that the most effective amends that I could make to myself was to stay sober and practice the Steps to the best of my ability. And if I keep not drinking just for today, I won't drink for the rest of my life.

In early sobriety, I would never have contemplated making the first move toward making an amend. But now I'm attempting to discern and apply the will of God in my life. I now take responsibility for my sobriety and for my relationships. Taking such a risk has become a possibility thanks to the Steps and my support network in the rooms of AA. The Eighth Step has given me the ability to maintain and develop a deep intimacy and involvement with significant others in my life. It also gives me emotional and spiritual balance.

—Gary T., Poughkeepsie, N.Y.

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Amateurs Anonymous

BY: W.H. | NEW YORK, N.Y.

A member learns the importance of not being an expert on everything—not even AA. He's just an alcoholic.

What dismays me about my early days in Alcoholics Anonymous is the extent of intellectual arrogance and grandiosity that I brought with me.

—defects that were quickly enlisted in what was to become an ongoing tournament: me vs. the Eighth Tradition.

The word “nonprofessional,” in AA parlance, means that I ought to act in a way that neither affirms nor implies that I am something other than a recovering alkie in a Fellowship of recovering alkies. It means that if professional help is what I need, I should go where such help is available—outside AA. Seems clear enough. Yet before I was 90 days sober, I had become legal advisor to a fellow newcomer who was then in the divorce court; I advised another AA to stop taking the medication that a qualified doctor had prescribed; and I counseled two AAs in a lover's quarrel.

I've learned enough since my entry into AA, in 1960, to stay out of those arenas, but there is still another that can take me by surprise. True, I no longer play doctor or therapist where medications or relationships are concerned, and I don't give legal advice, but I can still catch myself wondering whether the latest newcomer in my home group is really an alcoholic. On what basis would I question anyone's qualification? What else, except my expertise on AA and on alcoholism itself. Old habits die hard!

I try to be particularly careful when introducing newcomers to the Twelve Steps. It seems to me that one of the reasons the Steps were suggested in the first place was to avoid professionalizing them. In my zeal to encourage newcomers to get involved with the Steps I sometimes talk about them as if they are the be-all and end-all. Looking back at my own beginnings, I think that if anyone had told me, even by inference, that I had to get on with the Steps, I wouldn't have stopped long enough to remark, “What an order! I can't go through with it.” I simply would've run like hell.

Sometimes I complain about the way officers conduct the business of my home group and set myself up as an expert on the AA group. Heaven help me, but there were

times when I was so sure I knew everything there was to know about AA history that I would actually hook my thumbs in my vest like a 19th century politician when speaking from the podium.

Another area where I am made particularly aware of the Eighth Tradition is in speaking to non-AA groups. I have found myself on panels with experts in the field of alcoholism and have been introduced as an expert myself. I make it a point to remember something I was told by a member of our local intergroup public information committee: We need to maintain our amateur standing. There is a practical side to this as well. Being nonprofessional means I don't have to worry about giving a letter-perfect presentation every time.

Tradition Eight also suggests that our service centers may employ special workers. Some of the experience that helped formulate this Tradition was played out in the days of the 41st Street Clubhouse when members had a hard time distinguishing between Twelfth Step work and office employment. This was in the early 1940s. The controversy was still all very new, but I can just imagine the air turning blue with resentment as they tried to understand that the secretary, for instance, was not being paid to stay sober or to do Twelfth Step work, but to answer the phone, write letters, keep records of business transactions and so forth.

Newcomers still ask, as I did, why we have paid AA workers (professionals). As it was pointed out to me, the staff at our local intergroup office, for example, is not paid to do Twelfth Step work. By opening up and helping to keep open the doors to institutions and correctional facilities, by collecting data on local groups and publishing updated meeting directories, along with many other fundamental activities, the intergroup staff is paving the way for Twelfth Step work. It makes my Twelfth Step work that much easier. And carrying the message of hope and recovery is the real "business" of AA. But why a paid staff? Why not volunteers? To attempt to conduct such an enterprise on a solely volunteer basis would be highly impractical.

As for hiring AAs, who better to hire than people who know AA best!

Just for today, it is a good idea for me to stick close to simple basic AA as I encounter it in my home group and at others. Every single recovering alkie at every single meeting tells me, by word or deed, that nonprofessionalism in AA is one of the best ideas we ever had. (Incidentally, my friends are quick to remind me of it whenever I get too big for my AA britches!).

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INTERVIEW WITH AN ALCOHOLIC

Would you please introduce yourself?

I'm Joyce and I'm an alcoholic.

Would you like to share with us your sobriety date?

My sobriety date is August 27th, 1969.

Do you have a Home Group?

I do. It's the ALOHA. A lot of Happy Alcoholics. It meets seven days a week at noon at the Triangle Club.

Where did you get sober at?

I got sober in Syracuse, KS on August the 27th, 1969.

What brought you in? And what were your first impressions?

I don't know what brought me in. I've been told that I had been drunk on the streets. I didn't know that I drank before I came to A.A. I asked what was I was doing there.

What was your impressions?

I had known about A.A. since I was 14. We used to hold meetings in our house, but not for me. My first impression of coming to out of a blackout during a meeting and thinking what in the world just happened when they got up, held hands and said the Lord's Prayer.

Did you think they were praying for you?

I thought the only other only other place I heard the Lord's Prayer was at church. and so that was the Lord's Prayer. I didn't think anything about who they were praying for.

What are some of the things that you heard when you first came in that have stuck with you?

The greatest thing I heard was keep coming back. I like it also not just for newcomers, but for old timers. They are still my three favorite words.

So as a side question, have you always stayed involved with Alcoholics Anonymous?

No, I have not because I started doing some step work that started revealing things that needed outside professionals. I got referred to some outside help. And for about 13 years, I was working on damage that was done to me in a mental hospital. When I was 43 years sober. I got active again, and I've been up to my eyebrow in service and fellowship. Most of my world is A.A. by my choice. So your life changed when you were quite young, when you got sober.

I was 27 years old.

You've been sober a long time.

Well, I'll be 54 years sober on August 27th.

What have been the hardest and the easiest things you've had to do with the program Alcoholics

Anonymous?

If I could roll back time, I would do service different. I was so gung-ho in service, starting groups, starting conferences. I forgot that the third step prayer says I offer myself to thee to build with me and then do with me. I did a lot of doing before I was built. Today I check in with my higher power to see if my idea is a good one. Should I take a new sponsee? Should I help on this committee? I run everything by the higher power, and my sponsor. Otherwise, I'm just dumping a lot of garbage around and creating wreckage.

What has changed in A.A.?

AA basically has not changed. It still takes being willing, it takes practicing

principles. It's simple, I often say a 4th grader could stay sober in A.A. with the simplicity of it. The thing I've balked the most about was technology. I voted against it. Today I don't know how we would do without it.

What has been your favorite service that you've done in A.A.?

General service. I've served in every position I've ever wanted. I've found my strengths and I can accept those too. I still love general service. I think each group is only as strong as the people who are serving it, serve the best in the position we're in. If I was making coffee, I'd want to make the best coffee.

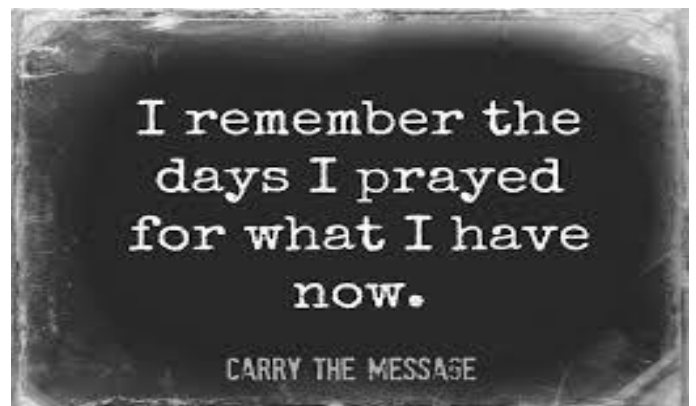
Elder State statesman or bleeding Deacon?

I can be a bleeding Deacon for a while with a new idea, but I quickly default to my program. I think overall I'm an elder statesman. The group conscience is what turns me from a bleeding deacon into an elder statesman.

Do you have any final thoughts?

Thank you, Ronda, for doing this, I think you're preserving our local history. I look back and I read Doctor Bob and the Good Old Timers and AA Comes of Age and realize if somebody hadn't written it down, we wouldn't have our history available to us today. I believe you're doing the same thing.

That's my final thought.





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to the website

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Sparks, NV 89431
436 S. Rock Blvd.
NNIG Intergroup Office

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THIS IS ALSO A GOOD TIME TO UPDATE YOUR SUBSCRIPTION! USE SUBSCRIPTION FORM BELOW!

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2023 FAITHFUL FIVER CLUB

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- Paul E. Skip P.
- John L. Tom E.
- Ann G. Deanna S.
- Carl H. Dawn T.
- Barb P. Ron T. Paul M.
- William F. Cheryl Z.

We are members of Alcoholics Anonymous
that want the hand of God, always to be there in
Northern Area 42 Community with Central Office Services
It's Easy to join!
Use a Check or Credit Card to pay monthly, or one time.
Easy ways to contribute- pay in person at the office (so we can give
your pretty face) mail, online at nnig.org or
phone Central Office for a one time card charge over the phone.
\$5.00 per month or \$60.00 per year!
This membership directly supports 12 step work in
Northern area 42, Group Services and
Central Office Operations.

