

NNIG MONTHLY MEETING SPEAKER



April 8, 2023
Tamara B.
Roseville, CA
Pyramid Way Group
Speaker at 7:00

Silver Legacy · 407 North Virginia St., Reno · Doors open at 6:30

April, 2023

INSIDE THIS ISSUE

Concept IV	2
Events	3
Book of the Month	3
Showcase Meetings and more	4
Service Opportunities	5
Group Contributions	6
To Value You More	7
Green Eyed Monster	7

GENERAL WARRANTIES OF THE NORTHERN NEVADA INTERGROUP ASSOCIATION OF ALCOHOLICS ANONYMOUS

In all its proceedings, the Intergroup Association observes the spirit of AA Traditions, taking great care that the Intergroup Association never becomes the seat of perilous wealth or power; that sufficient operating funds, plus a reserve be its prudent financial principal; that none of the Intergroup Association members shall ever be placed in a position of unqualified authority over any of the others; that all important decision be reached by discussion, vote and whenever possible, substantial unanimity; that no Intergroup Association action ever be personally punitive or an incitement to public controversy; that though the Intergroup Association may act for the service of AA Groups in the Northern Nevada area and parts of Northern California, it shall never perform any acts of government; and that, like the Society of Alcoholics Anonymous, the Intergroup Association itself will always remain democratic in thought and action.

(The above is adapted and modified from "The AA Service Manual", and AA Co-Founder Bill W's. Twelve Concepts for World Service; Concept XII, as adopted by the General Service Conference on April 26, 1962. This adaptation of copyrighted AA material has been approved by the General Service Board)

CENTRAL OFFICE

436 S. Rock Blvd.,
Sparks, NV 89431
Monday thru Friday
9:00 AM to 5:00 PM

Saturday 9:00 AM to 1:00 PM

24 Hour Answering Service:

(775) 355-1151 Fax: (775) 355-1560

EMAIL: officemanager@nnig.org

Web Site/Meeting Schedule: nnig.org

The Bracer: nnigbracer@gmail.com



NORTHERN NEVADA INTERGROUP

AUTONOMY

WHENEVER I read Tradition Four, "Each group should be autonomous. . .," the word that leaps to my mind is "spontaneity." As I grow older in the Fellowship, it seems to me that what I value most is the healthy and spontaneous expression of sincere feeling from my fellow AAs. We are accustomed to the unstudied behavior of pets and children, but adults often bear unusual and unnecessary burdens of inhibition that hamper the free communication of ideas and attitudes. In AA, we begin to find ourselves. We begin to discover that we truly are like others, but that each of us is unique. It is the same world we share, but our perspectives are various, and the lenses through which we view it are not all alike.

And what could be more spontaneous than the determination of one or more persons to start a new meeting? Even after much reflection, there comes a moment when we feel, "Yes, it's the thing to do." One day, I was walking along in front of a local church. I was only casually acquainted with the pastor, but something about "responsibility" on the bulletin board caught my attention. I immediately turned in, entered his study, and said, "I want to start an AA meeting here." He seemed only mildly astonished, thought it might be a good idea, and said he would bring it before the trustees. Thirty days later, we had our first meeting. Our meeting is now three years old and going strong. Only the higher power we discuss so often could have caused me to turn in that day, for I have never been a joiner, and certainly not a starter.

I believe that each meeting should, and does, have a special character of its own. Most of us have learned that while we enjoy any meeting, we are more comfortable in some than in others. A few meetings are very spiritual, tending almost to the religious. Others concentrate on basic AA and the specifically alcoholic problems we all share. In our group, we tend to be rather philosophical, concerned with the day-to-day problems we have as we see them against the background of our alcoholic illness. Our basic format differs in no way from that used in other meetings in this area and if there is a new person at the meeting, we become very basic. Nevertheless, I think we have the special character I spoke of. I think we should cherish these differences in the same way we affectionately accept the quirks and peculiarities of our friends--the very quirks that are a part of their special charm or wisdom. BY: P. C. | LAFAYETTE, CALIFORNIA

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A A's

**Recovery
Step Four:**

"Made a searching and fearless moral inventory of ourselves."

Three

**Unity
Tradition Four:**

"Each group should be autonomous except in matters affecting other groups or A.A. as a whole."

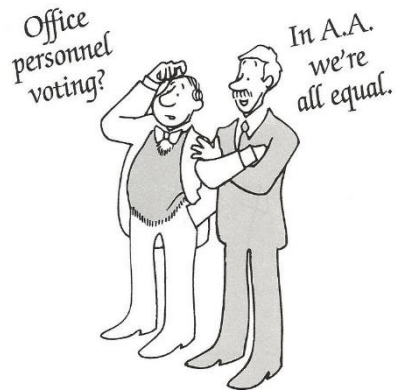
Legacies

**Service
Concept Four:**

"Throughout our Conference structure, we ought to maintain at all responsible levels, a traditional "Right of Participation," taking care that each classification or group of our world servants shall be allowed a voting representation in reasonable proportion to the responsibility that each must dis-charge" To better understand of this Concept, please read the full Concept IV in the A.A. Service Manual, page 17, and/or in AA Pamphlet P-8, "The Twelve Concepts for World Service illustrated." P-8, "The Twelve Concepts for World Service illustrated."

Concept IV – Right of Participation Assures a Voting Representation throughout All of the A.A. Service Structure

The principle of "Right of Participation" is built into the General Service Conference through the Conference Charter. Voting members include not only delegates, but also the trustees, and the directors and staff members of A.A. World Services (i.e., G.S.O.) and the AA Grapevine. In the same way, the boards of these two operating entities include as voting members not only trustees, but also nontrustee directors and paid administrators and staff members. The chairperson of the General Service Board appoints nontrustee members to the standing committees in order to have the advantage of their expertise, and staff members serve as committee secretaries. "There are no 'superiors,' no 'inferiors,' and no 'advisers.'" New trustees on the General Service Board and new directors of the A.A.W.S. and Grapevine boards are sometimes surprised to see paid executives, staff members and outside accountants attending the board meetings. They are invited because of A.A.'s "Right of Participation." Thus, the trustees and directors "are put into direct communication with these workers, who. . . feel wanted and needed. Although they do not vote, these workers may freely participate." Bill warns against the possibility of new delegates or trustees trying to "weaken, modify or toss out" the "Right of Participation." He cites arguments by delegates to take away the trustees', directors' and staff members' vote at the Conference. "Certainly," he says, "our trustees and service workers are not less conscientious, experienced and wise than the delegates." "It is vital," he continues, "to preserve the traditional 'Right of Participation,' in the face of every tendency to whittle it down." Finally, there is a spiritual reason for the "Right of Participation." All of us desire to belong. In A.A., no members are "second class." The "Right of Participation" therefore reinforces Tradition Two, that no member is placed in "ultimate authority" over another. We perform our service tasks better "when we are sure we belong — when our 'participation' assures us we are truly the 'trusted servants' described in Tradition Two."




Reprinted from The Twelve Concepts for World Service illustrated, with permission of A.A. World Services, Inc. You may see the whole pamphlet at AA.org or get one from NNIG Central Office.

The Bracer is a monthly publication intended for members of Alcoholics Anonymous and their families only. It is about, by and for members of the fellowship. Opinions expressed herein are not necessarily those of A.A. as a whole or NNIG. For article submissions or comments, email the Editor at nnigbracer@gmail.com Deadline for submission is the last Friday of the month.

NNIG & AREA EVENTS

EVENTS HOSTED BY NORTHERN NEVADA INTERGROUP TO SUPPORT CENTRAL OFFICE

NNIG Monthly Speaker Meetings
 Silver Legacy – 407 North Virginia Street, Reno 89501
 Location- Silver Barron Room 1-6



Monthly Speaker Meeting
 Doors open at 6:30 PM
 Speaker at 7:00 PM



April 8, 2023
Speaker- Tamara B. Roseville CA
Host Group- Pyramid Way Group


May 13, 2023
Speaker- Jami F.
Host Group- TBT

June 10, 2023
Speaker- John H. Apache Junction AZ
Host Group- Jaywalkers Group

July 8, 2023
Speaker- Don L. Bellingham WA
Host Group- KISS Group

August 12, 2023
Speaker- Tina A. Hollister CA
Host Group- Minden-Gardnerville Group

NNIG Speaker Chair: Kevin B. 775-470-4614
 Need more info call: Central Office – (775) 355-1151
 Join us for dinner at Café Central @ ~5pm with the speaker



NNIG Service Event
 May 6, 2023
 627 Sunnyside Dr. 11:30-1pm

←————→

What is Intergroup?

- Overview of Northern Nevada Intergroup.
- Presentations on services your local AA provides and ways to be of service.
- Snacks provided.

For more information call Central Office 775-355-1151

PAMPHLET OF THE MONTH
\$.40



OTHER AREA EVENTS

Save the Date



2023
Reno Spring Festival
 KEEP COMING BACK

APRIL 29, 2023
 GRAND SIERRA RESORT

AA Area 42 Translation & Interpretation Committee



BILINGUAL SPANISH VOLUNTEERS NEEDED
 To help translate Area42 minutes, emails, guidelines, etc.
 Any proficiency level or none! Northern or Southern Area

We meet online every 3rd Thursday at 530 pm PST

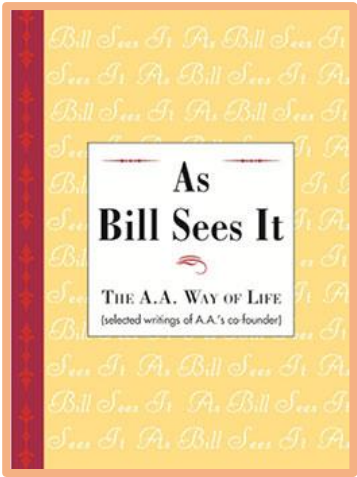
We welcome all interested or just curious!

Questions?
 Call the Las Vegas Central Office:
 (702) 598-1888
 and ask that someone from the translation committee contact you

El servicio nos mantiene soberbios
 El service keeps us sober

Zoom ID: 474 938 3601
 Passcode: Rule62

BOOK OF THE MONTH
\$2 OFF



Central office report from Ronda H. April 2023

The book of the month is "As Bill Sees It" \$2 off. Pamphlet is "The A.A. Group ... where it all begins" \$0.40. Check the website for all service commitments. Please check website for office closures. Website had 18,442 Views 79% from Mobile devices. New visitors 47%. Sign up for The Blast, email of what's happening in our local AA. Email officemanager@nnig.org to be added to this once-a-month email.

Volunteer Hours: 107 Hours

Calls into Central Office: 147

- Calls for AA help - 9
- Calls for Alanon/Alateen - 2
- Meeting information - 33
- Retail / merchandise - 14
- Other 12 step programs - 3
- Events - 15
- New to AA - 1
- Business/Central office- 67
- Visitors - 309, -Dogs- 4

Ronda H.
Central Office Manager



Previous Birthdays **March 2023**



Rent L. 41 Years
Kim D. 46 Years

February 2023
January 2023

December 2022
Sean S. - 32 Years
November 2022
Sharon S. 36 Years
Rieh M. 36 Years
October 2022

Nancy M. 37 Years
Dave S. 39 Years
September 2022
Kathy S. 14 Years
Mike M. 27 years
Phil S. 46 Years

August
Linda S. 30 Years
Danny S. 20 Years
July

Joanne J.
10 Years
June
Ann S. - 16 years
Ron T. - 11 years

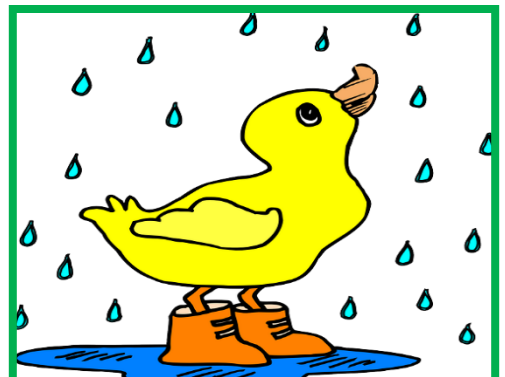
May
Donn T. 32 Years
April
Paul 31 Years



Did you know you can share your sobriety and gratitude in a practical way by joining the A.A. Birthday Club? Sign Up today and be featured in the Bracer Birthday Club section of the Bracer. Show your Support for your NNIG & Central Office, Join the Birthday Club. A donation of only one dollar for every year of your sobriety. Envelopes available at Central Office, NNIG Business Meeting or Intergroup Representatives

SOUTH SHORE GROUP
SUNDAY 7AM
972B TALLAC
SOUTH LAKE
TAHOE. CA

Daily Reflections
Sunday 7am
10046 Church St.
Truckee, CA



Sunlight of the Spirit
Sunday 7:30am
141 Industrial Way,
Fallon NV.

The Boom Boom Group
Sunday 8:15am
635 S Wells Ave.
Reno NV

AA ANSWERING SERVICE NUMBERS

Reno, Sparks, Carson City and all of Northern Nevada: (775) 355-1151
Las Vegas and all of Southern Nevada: (702) 598-1888
Mammoth Lake: (760) 934-3434
North Lake Tahoe: (530) 546-1126
South Lake Tahoe: (530) 541-1243
Susanville, CA: (775) 355-1151
White Pine County/Ely: (775) 296-0656 Jim C.

N.N.I.G. STEERING COMMITTEE

Last Tuesday of each month, 5:30 PM
Central Office, 436 S. Rock Blvd., Sparks

N.N.I.G. BUSINESS MEETING

First Tuesday of each month, 6:30 PM
Alano Club, 1640 Prater Way, Sparks

N.N.I.G. MONTHLY SPEAKER MEETING

7:00 PM Silver Legacy - Silver Baron A
2nd Saturday of the month

N.N.I.G. H&I

First Monday of each month, 5:30 PM
Central Office 436 S. Rock Blvd., Sparks



AREA CLUBS

Reno / Sparks Clubs

Alano Club Sparks, 1640 Prater Way (775) 359-2727
Driars Club Reno 345 S. Wells Avenue (775) 324-9210
Triangle Club Reno 635 S Wells Avenue (775) 324-7977

Clubs outside Reno/Sparks Area

Alano Club Carson City, 1800 HWY 50 East (775) 882-0443
Bishop Alano Club (760) 873-6700
Elko Alano Club (775) 738-4747
Las Vegas Triangle Club (702) 435-0597
South Lake Tahoe (530) 541-1243

District Meetings

- DISTRICT-2** 2nd Tuesday of each month, 6:30 Central Office
Zoom # 91904741396 Password D2
- DISTRICT 4** First Thursday of each month, 7:00 PM-
Zoom ID: 876 7717 4234 PW: District4
- DISTRICT 6** 2nd Sunday of even numbered months-
For information email
district6@nevadaarea42.org
- DISTRICT 8** First Sunday, 3:30 p.m. on odd months
Call (760) 937-8407
- DISTRICT 10A** Third Sunday of every other month, 1:30 PM
680 River St. Elko, NV
- DISTRICT 10B** Dark since 2017
- DISTRICT 11** Only holds meetings 4 time a year, call DCM
- DISTRICT 12** 2nd Saturday of each Month at 5:00 PM- 457
Esmeralda Street Wolf Center, Fallon NV
- DISTRICT 14** 3rd Wed of each "Odd" month at 6:00 PM -265
Bear Street in Kings Beach CA
- DISTRICT 16** Meeting is held 3rd Tuesday of the month
Sparks Family Christian Church 510 Greenbrae
Blvd 6:00PM-7:00PM
- DISTRICT 18** DARK DISTRICT
- DISTRICT 20** Third Saturday of Jan, Mar, May, Aug & Oct
10:30 AM- Contact DCM @
district20@nevadaarea42.org for location
- DISTRICT 22** 1st and 3rd Thursday of every month 6:30 PM @
Central Office

THE OFFICE WILL BE CLOSED THE FOLLOWING HOLIDAYS.

- MONDAY MAY 29TH MEMORIAL DAY
- SATURDAY JUNE FOUNDERS DAY
- TUESDAY JULY 4TH INDEPENDENCE DAY
- MONDAY SEPTEMBER 4 LABOR DAY
- FRIDAY OCTOBER 27TH NEVADA DAY
- THURSDAY & FRIDAY NOVEMBER 23,24TH THANKSGIVING
- MONDAY DECEMBER 25TH CHRISTMAS

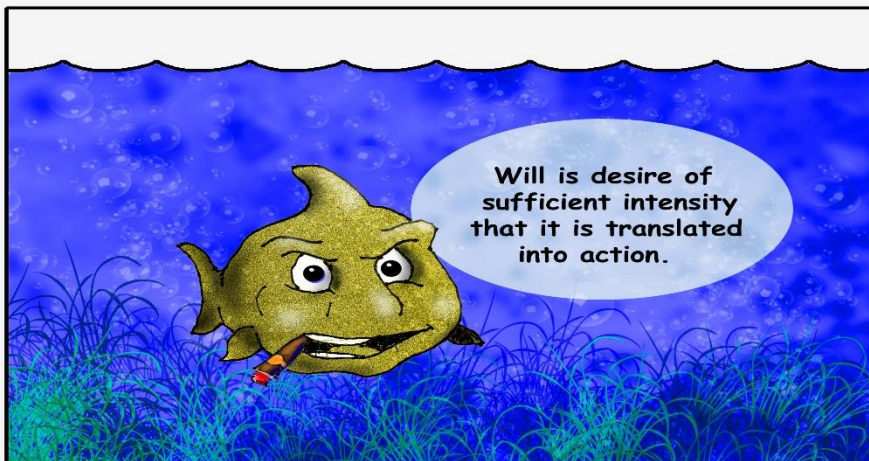
4TH STEP PRAYER

"We ask Him to remove our fear and direct our attention to what He would have us be." (p. 68 BB)

God mold my ideals in this particular area of my life and help me to live up to them. What should I do in each specific matter? Guide me God and give me strength to do right. AMEN (p. 69 BB)

Drink Like A Fish

by Rick M.



CORRECTIONS SERVICE COMMITMENT

Lake's Crossing Center

INFORMATION:

Two meetings (with two chairs for each meeting)
on Monday nights at 6:00 pm

REQUIRED:

Background check for current cases
- Two step TB test
Orientation

CONTACT:

Natalie M.
775-342-8045
potter_n@rocketmail.com

Thank you for your service!

To Value You More

One day in her Step study group, an oldtimer discovers something brand-new about Step Four. Proof that the learning and growing never stops

In my Monday evening Women's Step Study, our small group's routine is to go around the room, giving each person the opportunity to read a paragraph or share or simply introduce herself and pass.

It happened that when it was my turn at a recent meeting, the paragraph I read was about the Fourth Step in our Twelve Steps and Twelve Traditions book. The paragraph is about egomania and indirectly urges us to be "a friend among friends...a worker among workers..."

In my copy of the book, that section has been underlined and highlighted in several colors of ink, revealing numerous readings over the years. I even drew stars and brackets marking specific words. Across the top of the page, at some point in the past, I scrawled the phrase: "A friend among friends...a worker among workers."

Through more than 31 years in sobriety, that paragraph has been one of the most significant anywhere in our literature for me. As I see it, those words mean that I need to humble myself, that I need to tamp down my ego. I am not the smartest kid in the room, and I need to stop acting as though I am. I need to stop judging everyone else (and finding them all lacking in some way or another). I need to be, as my sponsor used to say, just one of the many "bozos on the bus." In other words, a friend among friends, a worker among workers.

But that day, when I read that personally powerful paragraph in our meeting, the words seemed different. Suddenly the meaning of those two phrases changed for me.

To be a friend among friends and a worker among workers does not mean I value myself less than others; it means I value you more. It does not mean that my self-esteem decreases; it means that my esteem for you increases.

Another line in the same paragraph reads, "Always we tried to struggle to the top of the heap, or to hide underneath it." That made it sound like my choice was to either see myself on the top of the heap or on the bottom. But as I read those words in the meeting, I realized I was misinterpreting that too.

We are "the heap," all jumbled together, each with value, esteem and worth. In this human heap, there's no mentally healthy top or bottom for me. All this time I've been trying to figure out my "level" in the heap, when I could have been enjoying the miracle of just being in the heap at all.

As I come up on my 32nd AA birthday, people outside the Fellowship occasionally ask why I still go to "those meetings." It would be hard to explain to them, but my rereading of this single paragraph explains it in crystal clear terms to me: It's because I still have so much to learn and so much growing to look forward to. BY: S.J. | THE WOODLANDS, TEXAS

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Grappling With the Green-eyed Monster - Envy

I had always thought that the "green-eyed monster" attacked only the female of the species. As a man, I couldn't imagine being held captive by this trait.

Then I took my Fourth Step.

In light of a "fearless moral inventory," I had to acknowledge that I am very capable of envying the good fortune of others. Envy, I'm sure, like many other defects, stems from pride.

I've adopted a prayer that has helped somewhat with this defect. It goes in part as follows: "God of my Heart,. . . I delight in the happiness of others and I ask that you continue to shower them with your blessings."

Of course, I have had to repeat many times the thought that I delight in the happiness of others because my self-centeredness suggests that I am more entitled than the other guy to receive good fortune.

I've also had to learn that because someone else is being blessed with material wealth, this does not mean that my life is depleted. In fact, if I want to experience something in my life, I must want it for everyone else. That's the concept behind the refrain, "Let there be peace on earth and let it begin with me." If I want to experience peace, I must want others to feel peace. We cannot possibly stop wars in the world until we first stop the wars that are raging in ourselves. When I entertain negative feelings such as hatred, anger, and envy, I actually am engaging in war at the cellular level in my body.

In the same vein, envy can be turned into tolerance and confidence. False pride can be converted into humility. Procrastination can be changed into diligence, and materialism can give way to generosity and spirituality. Untruthfulness can become honesty. The anger that eats at our souls can be made into patience and understanding, and fear can be overcome, resulting in courage and fortitude.

Love and service is the path. But first we must take inventory. BY: ED H. | MIDDLE ISLAND, NEW YORK

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5 *2023 FAITHFUL FIVER CLUB*

Joanne P. Linda G. Tom E.
 Paul E. Skip P.
 John L. Tom E.
 Ann G. Deanna S.
 Carl H. Dawn T.
 Barb P. Ron T. Paul M.
 William F. Cheryl Z.

We are members of Alcoholics Anonymous that want the hand of God always to be there in Northern Area 42 Community with Central Office Services

It's Easy to Join!
 Use a Check or Credit Card to pay monthly, or one time.
 Easy ways to contribute- pay in person at the office (so we can get your pretty face) mail, online at nnig.org or phone Central Office for a one time card charge over the phone.
 \$5.00 per month or \$60.00 per year!
 This membership directly supports 12 step work in Northern area 42, Group Services and Central Office Operations.

