

NNIG MONTHLY MEETING SPEAKER



November 5, 2022
James S., Reno, NV
Young At Heart
Speaker at 7:00
Eldorado Convention Hall

November, 2022

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GENERAL WARRANTIES OF THE NORTHERN NEVADA INTERGROUP ASSOCIATION OF ALCOHOLICS ANONYMOUS

In all its proceedings, the Intergroup Association observes the spirit of AA Traditions, taking great care that the Intergroup Association never becomes the seat of perilous wealth or power; that sufficient operating funds, plus a reserve be its prudent financial principal; that none of the Intergroup Association members shall ever be placed in a position of unqualified authority over any of the others; that all important decision be reached by discussion, vote and whenever possible, substantial unanimity; that no Intergroup Association action ever be personally punitive or an incitement to public controversy; that though the Intergroup Association may act for the service of AA Groups in the Northern Nevada area and parts of Northern California, it shall never perform any acts of government; and that, like the Society of Alcoholics Anonymous, the Intergroup Association itself will always remain democratic in thought and action.

(The above is adapted and modified from "The AA Service Manual", and AA Co-Founder Bill W's. Twelve Concepts for World Service; Concept XII, as adopted by the General Service Conference on April 26, 1962. This adaptation of copyrighted AA material has been approved by the General Service Board)

CENTRAL OFFICE

436 S. Rock Blvd.,
Sparks, NV 89431
Monday thru Friday
9:00 AM to 5:00 PM

Saturday 9:00 AM to 1:00 PM

24 Hour Answering Service:

(775) 355-1151 Fax: (775) 355-1560

EMAIL: officemanager@nnig.org

Web Site/Meeting Schedule: nnig.org

The Bracer: nnigbracer@gmail.com



NORTHERN NEVADA INTERGROUP

Smarter phones

Texting and posting can be tricky when it comes to anonymity. There are guidelines that can help

Anonymity, in my experience, is one of the most misunderstood aspects of our Fellowship. It was complicated for our cofounders, and technology makes it even more complicated today. Bill W. wrote Tradition Eleven and Dr. Bob clarified anonymity in *Dr. Bob and the Good Oldtimers* at a time when there were no computers and smartphones. What would they say about anonymity today? How anonymous should I be in this era of social media?

There is an answer to that. AA published some "Guidelines on the Traditions and the Internet." It's available on aa.org. There is a section in these guidelines on social networking sites. Briefly, the guidelines state that someone "using their full name and/or likeness such as a full-face photograph, would be contrary to the spirit of the Eleventh Tradition." It goes on to suggest that "it is in keeping with the Eleventh Tradition not to disclose AA membership on social networking sites, as well as any other website, blog, electronic bulletin board, etc., unless composed solely of AA members and password protected."

My belief is that Tradition Eleven (and specifically the part about "press, radio and films") meant "media." There are two reasons why the idea of "media" is important: 1) this kind of communication is recorded and can be played back or retrieved. And 2) it is transmitted to a lot of people, some of whom may not understand AA and our Traditions.

My approach is: If I can be personally identified as a member of AA on social media, it's a violation of Tradition Eleven. So for example, if I post something online that identifies me as an AA member, I consider that to be a violation of the Traditions. My social media posts are recorded; they are available for all time and are easily retrievable by anyone who really wants to find them. Things that I posted 10 years ago are still there. So I do not post anything about my membership in AA on any social media sites. Also, I need always to look at my ego and ask myself why I am posting whatever I'm posting.

But at the same time, I also need to ensure that I am not "too anonymous." I do my best to be available whenever "anyone, anywhere, reaches out for help." My name, telephone number and email address are well known to my home group members and in my local AA community. People can easily find me if they need. **BY: HAL W. | BERWYN, PENNSYLVANIA**

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AA's

Recovery Step Eleven:

"Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out."

Three

Unity Tradition Eleven:

"Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films."

Legacies

Service Concept Eleven:

"The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern."

Concept XI - Good Committees, Corporate Directors, Staff and Consultants to Carry Out Day-to-Day Service Activity is a Matter of Serious Care and Concern

The writings under Concept 11 discuss matters related to A.A. service personnel. Paraphrasing here, Bill says: While final responsibility for world services lies with the Trustees, the job of carrying out service activities will require competent leadership and harmonious working relationships among standing committee members, the directors of A.A.'s two corporations, as well as the executives, staff and employees. These matters call for serious care and concern about:

- Who they are; their quality and dedication; their personal qualifications.
- The manner of their induction into service.
- The systems of rotation of membership.
- The way in which the various service jobs are related to each other.
- Special rights and duties of executives, staffs and consultants.
- Having a proper basis for financial compensation for their work.

As in Concept 10, the writings of Concept 11 seem most useful as a reference source. Each detail stands on its own merit; there is no way to summarize. Bill applies the above-listed considerations to the five General Service Board committees existing at the time of his writing (early 1960s). These five committees have since been expanded to thirteen (See Chapter 9 of The A.A. Service Manual).

The early committees consisted of a *Nominating Committee* that aids the Trustees in filling personnel vacancies; *Finance and Budgetary Committee* whose primary purpose is to see that A.A. Headquarters operations are always solvent, in good times and bad; *Public Information Committee* that combines professional public relations methods with the A.A. principle of attraction rather than promotion; *Literature Committee* that revises and updates existing books and pamphlets as well as creating needed new ones; and *General Policy Committee* where any matter of great and significant policy importance can be carefully discussed and hashed out before coming to the Board for final resolution. Today the General Policy Committee has become a General Sharing Session that provides regular opportunity for open discussion of any matter of concern regarding A.A. as a whole.

The writing on Concept 11 concludes with discussion of four principles applicable to A.A. personnel:

- The Board makes policy, but the corporate executives need ample freedom and authority to manage service operations and activities.
- Paid workers are to be compensated commensurate with the value of similar services in the commercial world. They do not get paid less just because they work for A.A.
- Staff rotate among jobs. Among other things, this assures available knowledge and experience in case of emergency situations. It also reduces temptations to destructive competition.
- Full "participation" of paid workers is highly important. All must feel that they are a part of the team.

As usual, Bill concludes the discussion of Concept 11 with a spiritual reference, saying that the only guarantee against the depredations of clashing personalities in A.A. Headquarters is the application of Step 12, a sustained willingness to practice spiritual principles in all our affairs.

This is a 12 part series written by members of the 12 Concepts Study Group in Reno, Nevada. Efforts were made to use simple, everyday language. Each concept is written by an individual member of the group and is not necessarily the opinion of AA as a whole or NNIG. We hope this series will help our community to understand the Concepts and bring interest to those wanting to know more about them.

The Bracer is a monthly publication intended for members of Alcoholics Anonymous and their families only. It is about, by and for members of the fellowship. Opinions expressed herein are not necessarily those of A.A. as a whole or NNIG. For article submissions or comments, email the Editor at nnigbracer@gmail.com

Deadline for submission is the last Friday of the month.

NNIG & AREA EVENTS

EVENTS HOSTED BY NORTHERN NEVADA
INTERGROUP TO SUPPORT CENTRAL OFFICE

NNIG Monthly Speaker Meetings
Silver Legacy – 407 North Virginia Street, Reno 89501



Monthly Speaker Meeting
Doors open at 6:30 PM
Speaker at 7:00 PM



All meetings located in Silver Barron Room 1-6
Unless otherwise noted

November 5, 2022
Host Group – Young at Heart
James S. – Reno, NV.

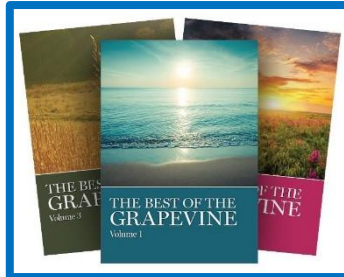
- **Meeting at Eldorado Convention Hall**

December 10, 2022
Host group -District 2
Rosie T.- Seal Beach, CA.

January 14, 2023
Host Group – Happy Hour
Patt O. – Fullerton CA

Speaker Chair – Kevin B. (775) 470-4614
Need more info call: Central Office – (775) 355-1151
Join us for dinner at Cafe Central inside the Silver legacy @ 5pm

BOOK OF THE MONTH ALL GRAPEVINE BOOKS \$2 Off



PAMPHLET OF THE MONTH FREE



Answering Service is in
need of members
to answer the
phone after hours

- 4-hour shifts
- Training provided
- 1 year sobriety requirement

Please call Central Office
775-355-1151

When anyone, anywhere reaches out I
want the hand of help. to always be there...



OTHER AREA EVENTS

NNIG GRATITUDE DINNER 2022

Saturday
November 12th, 2022

ATLANTIS HOTEL CASINO - RENO NV
Doors open 4:30pm Dinner @ 6pm
Speaker @ 7pm

UNITY:
CELEBRATING THE
FELLOWSHIP

AA Speaker Paul W.
Los Angeles, CA.

TICKETS \$59
Only at
CENTRAL OFFICE
775-355-1151

District 16's 35th Annual Christmas Affair

A.A. Comes of Age 2.0: Unified in Love and Service
Saturday December 17th 2022
12:00 to 5:00 PM

New Venue
American Legion Doby Reid Post 30
730 4th Street, Sparks, NV.

Come for food, fun, and fellowship!
Please bring a dessert to share!!!

Service Panel Discussion: *12:15 PM
The Warranties – Our Promise to the Fellowship and the World.
Santa: *1:30 PM

Turkey Dinner with all the Extras: *2:00 PM
Speaker: *3:00 PM
Raffle: After Speaker
*All times are approximate

\$5.00 Suggested Contribution

For raffle prize contributions, volunteer help, or information please
call: Stacy P. (775) 830-9840

Central office report November 1, 2021

The book of the month is *ANY Grapevine Book* \$2 off.
 Pamphlet is "A.A. for Alcoholics with Mental Health Issues – and their sponsors". Still looking for some spots to be filled on the answering service. There is a four-hour Thursday afternoon shift at central Office opening in three weeks. Check the website for all service commitments. Holiday season is here and we would really like to see the phones being answered all the time. Please check website for office closures. Website had 17,729 Views 81% from Mobile devices

Volunteer Hours: 129

Calls into Central Office: 184

- Calls for AA help - 7
- Calls for Alanon/Alateen - 1
- Meeting information - 39
- Retail / merchandise - 17
- Other 12 step programs - 3
- Events – 26
- New to AA - 12
- Business/Central office- 79

Visitors – 312, 7-Dogs
 Ronda H.

Central Office Manager



Previous Birthdays



October 2022

September 2022
Katha S. 14 Years
Mike H. 27 years
Phil S. 48 Years

August
 Linda G. 30 Years
 Danny S. 20 Years
July
 Joanne P.
 10 Years
June
 Ann G. - 18 years
 Ron T. - 11 years
May
 Donn T. 32 Years
April
 Paul 31 Years
March
 Kent L. 40 Years
 Kim D. 45 Years
February
 Skip 22 Years
December
 Sean S. - 32 Years
 Mystery Person!!- 34 Years
November 2021
 Rich H. - 35 Years
 Shawn - 30 Years

Nancy H. 37 Years

Dave S. 39 Years



Did you know you can share your sobriety and gratitude in a practical way by joining the A.A. Birthday Club? Sign Up today and be featured in the Bracer Birthday Club section of the Bracer. Show your Support for your NNIG & Central Office, Join the Birthday Club. A donation of only one dollar for every year of your sobriety. Envelopes available at Central Office, NNIG Business Meeting or Intergroup Representatives

BEGINNERS ARE WINNERS
 6:45AM MONDAY-SUNDAY
 635 S. WELLS AVE
 RENO

Brown Baggers
 NOON Monday-Sunday
 314 N Division St
 Carson City

Please respect all meeting place mandates about face coverings.

DAILY REFLECTIONS
 9AM MONDAY-SUNDAY
 221 CHIPMUNK ST #4
 KINGS BEACH CA

Silver Springs Group
 7pm Thursday & Saturday
 2945 ft Churchill St.
 Silver Springs NV

AA ANSWERING SERVICE NUMBERS

Reno, Sparks, Carson City and all of Northern Nevada: (775) 355-1151
 Las Vegas and all of Southern Nevada: (702) 598-1888
 Mammoth Lake: (760) 934-3434
 North Lake Tahoe: (530) 546-1126
 South Lake Tahoe: (530) 541-1243
 Susanville, CA: (775) 355-1151
 White Pine County/Ely: (775) 296-0656 Jim C.

N.N.I.G. STEERING COMMITTEE
 Last Tuesday of each month, 5:30 PM
 Central Office, 436 S. Rock Blvd., Sparks

N.N.I.G. BUSINESS MEETING
 First Tuesday of each month, 6:30 PM
 Alano Club, 1640 Prater Way, Sparks

**N.N.I.G. MONTHLY
 SPEAKER MEETING**
 7:00 PM Silver Legacy - Silver Baron A
 2nd Saturday of the month

N.N.I.G. H&I
 First Monday of each month, 5:30 PM
 Central Office 436 S. Rock Blvd., Sparks



District Meetings

DISTRICT-2 2nd Tuesday of each month, 6:30 Central Office
 Zoom # 91904741396 Password D2

DISTRICT 4 First Thursday of each month, 7:00 PM-
 Zoom ID: 876 7717 4234 PW: District4

DISTRICT 6 2nd Sunday of even numbered months-
 For information email
district6@nevadaarea42.org

DISTRICT 8 First Sunday, 3:30 p.m. on odd months
 Call (760) 937-8407

DISTRICT 10A Third Sunday of every other month, 1:30 PM
 680 River St. Elko, NV

DISTRICT 10B Dark since 2017

DISTRICT 11 Only holds meetings 4 time a year, call DCM

DISTRICT 12 2nd Saturday of each Month at 5:00 PM- 457
 Esmeralda Street Wolf Center, Fallon NV

DISTRICT 14 3rd Wed of each "Odd" month at 6:00 PM -265
 Bear Street in Kings Beach CA

DISTRICT 16 Meeting is held 3rd Tuesday of the month
 Sparks Family Christian Church 510 Greenbrae
 Blvd 6:00PM-7:00PM

DISTRICT 18 DARK DISTRICT

DISTRICT 20 Third Saturday of Jan, Mar, May, Aug & Oct
 10:30 AM- Contact DCM @
district20@nevadaarea42.org for location

DISTRICT 22 1st and 3rd Thursday of every month 6:30 PM @
 Central Office

AREA CLUBS

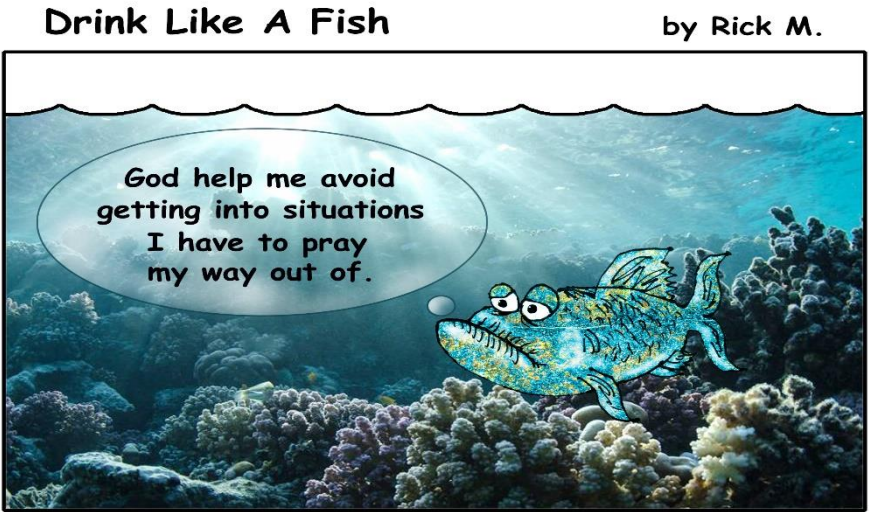
Reno / Sparks Clubs
 Alano Club Sparks, 1640 Prater Way (775) 359-2727
 Driars Club Reno 345 S. Wells Avenue (775) 324-9210
 Triangle Club Reno 635 S Wells Avenue (775) 324-7977

Clubs outside Reno/Sparks Area
 Alano Club Carson City, 1800 HWY 50 East (775) 882-0443
 Bishop Alano Club (760) 873-6700
 Elko Alano Club (775) 738-4747
 Las Vegas Triangle Club (702) 435-0597
 South Lake Tahoe (530) 541-1243



11th STEP PRAYER

God, I'm agitated and doubtful right now. Help me to stop and remember that I've made a decision to let You be my God. Give me the right thoughts and actions. God save me from fear, anger, worry, self-pity or foolish decisions that Your will not mine be done. AMEN (p. 87 BB)



Lakes Crossing Center Meetings

Lakes Crossing would like to start meetings back up at their facility. This is a psychiatric evaluation and treatment center, for incarcerated individuals.

Location: 500 Galletti Way, Sparks, NV 89431

The Need:

- Provide two meetings both on Monday's at 6pm.
 - o One serves primarily women. The women's building could get by with every other week if volunteers are scarce. If another day is better for the women's building, we can do that too, any day but Wednesday works for them.
 - o One at the main building. Requested every week.

Requirements:

- All volunteers must be vaccinated against Covid.
- New volunteers to Lake's Crossing must undergo a quick background check which isn't to explore all legal entanglements, just current ones that are open.
- Orientation. This could be done at any of the TB Tests/readings. Please coordinate with Melissa Curley, facility coordinator. 775-688-0492
- The third step which is the most labor intensive is the 2 step TB test. This requires the person to come in to get test administered, then come back 3 days to get it read, then come back a week from the first administration, they have to come back again to get the other arm tested and then return again 3 day later.
 - o The facility is a 24 hr facility so nurses are available all day to read the tests at your convenience.

Contact:
 Joe H. NAGSC Corrections Chair, 415-203-4888
nagsccorrectionalfacilities@nevadaarea42.org

NNIG/Central Office Group Contributions 2022

<u>Group</u>	<u>October</u>	<u>YTD</u>	<u>Group</u>	<u>October</u>	<u>YTD</u>
3rd Tradition Secular Group			Happy Hour Reno	560.00	1385.00
4th Dimension- ON-LINE		144.62	Kings Beach AA Golden Group	323.27	557.82
A Way Home		99.50	Knuckleheads		30.00
Alano Brown Baggers		50.00	Hispanic State Convention	1138.00	1138.00
Alano Captains Table		15.00	Minden Saturday Night Fever		240.00
Alano Dawn Patrol			Ladies of the Evening		
Alano Jaywalkers	325.62	807.70	Ladies of the Lake		83.84
Alano Open Heart Open Mind		262.00	Minden Stephanie Way Group	124.00	719.61
Back Room Group	146.80	643.94	Minden Wednesday Night Live	73.05	121.65
Back to Basics Saturday Night		322.00	Minden/Gardnerville Group	199.31	902.44
Battle Mountain Fellowship		45.00	NNIG Business Meeting	28.00	215.75
Beginners are Winners On-Line Gro	164.89	836.15	Mt Rose Recovery Room	598.00	3732.00
Buena Vista Group		150.00	Minden Saturday Night Group		240.00
Caring & Sharing in Stead	324.07	1203.99	Professionals Meeting	1000.00	1000.00
Carson Airport AA		50.88	Pyramid Way Discussion Group	30.00	30.00
Carson Big Book Experience		106.00	RTC Monday Night Mens		250.00
Carson Brown Baggers		740.00	RTC Afternoon Delight		
Carson Dr. Bob Nightngales			RTC Almost Heaven	100.00	900.00
Carson Early Birds		1954.43	RTC Grapevine/Big Book		
Carson Fallen Women			RTC Aloha Group		2380.49
Carson Happy Hour		533.85	RTC Big Book Study		50.00
Carson Happy, Joyous and Free		45.53	RTC Beginners are Winners		287.00
Carson Jay-Walkers Men's		100.00	RTC Coffee with Bill		
Carson Men's NO BS Stag		80.00	RTC Don't Trip Music Meeting	548.00	548.00
Carson Sandbaggers	200.00	1000.00	RTC Just for Today Women		
Carson Sisters in Sobriety		100.00	RTC How We Stay Stopped		125.00
Carson Sunday Morning Fire Station		460.00	Positive Acceptance Group		740.43
Carson Valley Gratitude		501.00	RTC Mid-Day Group		
Carson Women's Night Out		433.00	RTC Champions of Sobriety		
Chester Fellowship			Mid-Day Group ON-LINE		217.38
Chester Saturday Night Group		208.25	RTC Recien Llegados		40.00
Choices		200.00	RTC New Awakenings Group	231.09	1217.72
Cornerstone Group		300.00	RTC Little Rascals		250.00
Crystal Bay Nooners		350.00	RTC Sober N Sane		100.00
Dayton Friday Night Rule 62		300.00	RTC Men's Trudgers		840.00
Dayton Red Rooster	150.00	400.00	RTC Good Morning Sobriety		126.00
Decompression Chamber/online	97.85	1055.16	Recien ilegados		50.00
Deer Park Rebels			Sisters in Sobriety		
District 14	50.00	1000.00	Sisters of Sobriety SOS	94.41	489.81
District 2	5.00	411.00	The Next Chapter		100.00
District 22	75.00	565.00	South Shore Group		120.00
Dayton Sunday Morning		200.00	Spring Festival		77.46
Double R at Noon		450.00	Southside Group	120.15	1482.18
Driar's Oldtimer, Newcomers			Slide Mountain Candle light Group		150.00
Driar's Serenity Night Owls		50.00	Sunnyside Group		1140.91
Eye Operner		1095.00	Silver Springs Groups		75.00
Fallon Fallen Women's AA Meeting		25.00	Susanville Wed Womens		
Fallon Grapevine Online		20.00	Tahoe City Fellowship		750.00
Fernley Groups			The Rock Group	149.00	453.00
Fallon The Real Lunch Bunch		332.00	Truckee Dawn Patrol		1150.00
Galena Friday Night		303.60	Truckee Fellowship		200.00
Ground Zero	166.25	539.16	Truckee River Men's Stag	200.00	1985.20
Grupo Accion		70.00	The Next Chapter		100.00
Grupo Fe Y Esoeranza			Virgina City Plug in the Jug		
Grupo La Nueva Luz		80.00	Verdi Greener Pastures		50.00
Grupo Latino			Whole in the Soul		51.00
Grupo Nueva Vida	40.00	40.00	Whole in the Ground Sunnyside		600.00
Jamesville God Grant Me			Willing to go to any Lengths		322.00
Jamesville Women's Monday Night			Winnemucca Serenity Seekers	5.00	55.00
Incline Village Fellowship	97.50	195.00	Step 1	100.00	100.00
			The Shop		300.00
			Minden Language of the Heart		40.00
			Our Group Big Book		
			Out and Sober		
			Serenity on Sundays		200.00
			The Twilight Zone		
			Wednesday Night Beginners Meeting		
			Westwood Monday Night	55.00	55.00
			Whole in the Soul		80.00
			Women's New Beginnings		351.40
			Women's New Harmony		175.00
			Total	7,519.26	48,044.85

Happy Thanksgiving – In His Own Words

I don't remember when exactly I had my last drink. I certainly didn't know it was going to be my last drink. I had been in and out of AA for several years and just couldn't get it. I was coming to believe AA didn't work for drunks like me. I do know that last drink was in some sailor shit hole bar in Luanda Angola. I was 29 and working as an engineer on an anchor handling tug. That last drink was in the in the first few days of November.

My rotation had come up and I was to get a relief and be home in time for Thanksgiving. Back to San Francisco where I had a wife waiting and a very shaky marriage. I was looking forward to seeing her but knew within three days I would be drunk around the clock. I would get three drunks in a day. 1-2 quarts of gin. Drink, pass out, come too, drink some more, pass out. Around the clock till I was too sick to drink, then drink some more.

I had had my first strapped down, screaming about the sea turtles trying to peck my eyes out D.T.'s at 26 years old. That caught my attention. After that I knew I had crossed some line. It was clear for years my drinking was not normal. But now it got really bad. I hated that I didn't want to drink but couldn't not drink. It was my whole life. If it wasn't that before, it was now. Live to drink, drink to live.

Anyway, I loved my wife and was hoping to spend a day or two present with her before my drunkenness descended. Flying home was weird, I had this thought that if I had a drink I might not get home. That had happened before. It wasn't white knuckling it, but I just knew, at least wait till I got back on American soil before starting drinking.

I cleared customs at JFK and had time to kill till my flight to SFO. I had this odd clarity if I headed to the bar that I didn't know what would happen. I might start one on, I might change my flight and go north to Maine and visit my family. I wanted to go home, back to San Francisco, but I also knew the pain my drinking would cause in what was left of my marriage.

So, I just didn't drink. Not even on the flight to SFO. I figured I would get home, get my gear home so I wouldn't lose it and then it would be safe to get a jug. It was mid-afternoon when I did get home, my wife was working downtown and wouldn't be home till like 1800. Wanting to be a nice guy I walked down to the local bodega. I'd find something and cook up some dinner for the two of us. I'd also get a bottle.

Walking down Balboa St a for a few blocks my mind was racing. Get a half pint, chug it now, no get two half pints one for now one for when she goes to bed, no, one half pint now and a pint, so I would have something to drink in the morning. While my mind spun around it occurred to me if I didn't buy it I wouldn't drink it. If I didn't drink it I couldn't get drunk. Suddenly I got it. I had been going about this AA thing all wrong. It isn't for life, or tomorrow, it's just right now. It's not the 4th drink that gets me drunk, it was the very first one. All I had to do was concentrate on not taking the very first drink! So, I didn't buy a half pint, and had a decent sober evening with my wife. The next day we went up to West Marin for a Thanksgiving party. Lot of booze, even a little cocaine. I just kept my focus on not taking the first drink and I felt alright about it. No one forced me to drink although I was handed wine more than once.

That evening when we got back to the City I went to an AA meeting, again. One I had been to a dozen times before, drunk and sober. Some guy got in my face and asked if I had read the doctors

opinion. I lied and said yes but I hadn't. I had a big book and had read it, but skipped over the stuff in the front. When I read it I realized it was directed to me, and what I had just figured out in the last 48 hours. **Don't take the first drink and you can't get drunk.**

And if that was true then a whole bunch of other stuff I had heard about in AA might be true. I had found a piece I could build on. Just focus on this one day one hour at a time stuff, don't take the first drink. I count that Thanksgiving day as my AA birthday. That was November 26th 1981. This year I will have 41 years sober.

And yeah, I kept going to sea, sober. Unfortunately, my marriage failed. It happens. For those who are new or on shifting sands over these holidays remember, just don't take the first drink. Frank W., Fallon, NV

Leave God to God

I've been wrestling with what to tell a new sponsee who vascillates between buying the God thing one day and not believing it works the next. Something I heard from John P., a Californian in town for the International Convention, held the answer.

As he was talking, the word "sought" in Step 11 jumped out at me. The quest itself is enough to keep us sober. The finding of God--the spiritual awakening--will take care of itself. When in doubt, do the deal: work the Steps. Leave God's part of it to God, and in God's time, he will reveal himself.

In the meantime, if I'm doing what the Big Book says, I won't be drinking, I will be growing. I am responsible for the effort, not the outcome. That part is in the hands of my Higher Power. **BY: LONNIE K. | MINNEAPOLIS, MINNESOTA**

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St. Francis Prayer

Lord, make me a channel
of thy peace; that where there is hatred,
I may bring love; that where there is wrong,
I may bring the spirit of forgiveness;
that where there is discord,
I may bring harmony;
that where there is error, I may bring truth;
that where there is doubt, I may bring faith;
that where there is despair,
I may bring hope;
that where there are shadows,
I may bring light;
that where there is sadness, I may bring joy.
Lord, grant that I may seek rather to comfort
than to be comforted; to understand,
than to be understood; to love,
than to be loved.
For it is by self-forgetting that one finds.
It is by forgiving that one is forgiven.
It is by dying that one awakens to eternal life.
Amen.



Scan here to go
to the website

Return Service Requested
NNIG Intergroup Office
436 S. Rock Blvd.
Sparks, NV 89431

**THE BRACER SUBSCRIPTION WOULD MAKE A FANTASTIC FALL GIFT!
THIS IS ALSO A GOOD TIME TO UPDATE YOUR SUBSCRIPTION! USE SUBSCRIPTION FORM BELOW!**

NNIG BRACER SUBSCRIPTION FORM

Date _____
 New _____ Renewal _____
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