

BRACER

Northern Nevada Intergroup Newsletter ♦ www.nnig.org
436 S. Rock Blvd., Sparks, NV 89431 ♦ 775-355-1151

October, 2010

Volume 10.10

You Are Not Done Yet

Accepting life as it came his way was the key to a great adventure

I came to AA in 1996 after my second DUI. Encouraged by my attorney to take an action before going to court, I immediately started attending AA meetings.

I soon became aware of just how out of control my life had become after 13 years of boozing. I got a sponsor and began working the First Step. Wow, I thought. This is exactly what my life is like--completely unmanageable. My finances were a disaster, friends were nearly non-existent, my communication with family had deteriorated to the rare holiday call and I felt trapped in the misery of an unhealthy relationship and a job I loathed.

At the same time, I was noticing that those who had been around AA for a while seemed to have order in their lives. I wanted what they had, but that would have meant quitting my job and leaving my eight-year relationship. People kept telling me not

to make any major changes in the first year. I listened, waited, and worked the program. My sponsor kept telling me, "It's a process!" I grew to hate the phrase, but he was so right!

As I put together more time, things started to become a bit more orderly. I spoke with the IRS and established a payment plan for those five years of claiming 14 dependents, I gradually reintroduced myself to my family, and I started to make friends in AA. I stayed at my job and with my partner until I was sober for one year and eight months. As a result of making meetings, working the Steps and a whole lot of prayer, something clicked at that point in my sobriety. I took everything I owned (my clothes



Continued on page 3



Inside this issue:

- We Are Not a Glum Lot 2
- NNIG Meeting Minutes 4
- NNIG Treasurer's Report 6



*I find the doing of the will of God
leaves me no time for the disputing
about his plans.*

-George McDonald

WE ARE NOT A



The group was recently stunned to hear a speaker state: "I am an atheist, and by the grace of God, will remain one until I die."

Alcohol doesn't make you fat... it makes you lean... on tables, chairs, and random ugly people.

A GRASSHOPPER ENTERS a bar. The bartender exclaims, "What a coincidence! We have a drink named after you." "Swell," chirps the newcomer, "pour me a Bob."



Down Alibi Alley: With Hal H. of Chicago



You Are Not Done Yet

Accepting life as it came his way was the key to a great adventure

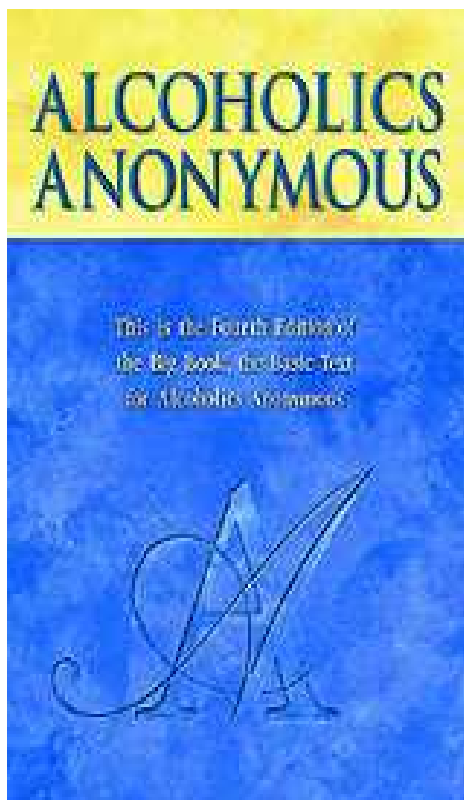
and two television sets) and left my partner. I accepted a new job that paid a salary of less than half of what I had previously been making, but with a lot less stress. The changes were scary, but I knew without doubt that they were good for my sobriety, my spirituality and my serenity. I rented a room from someone in the program for \$75 a month. I cut back and survived on peanut butter sandwiches and water, but it was okay: I was happy in my journey. I knew that as long as I did not drink and continued going to meetings, everything would be okay, no matter how bad things might seem.

The "process" continued and after six months I was recruited by another company in my new field. Suddenly I was earning the same amount of money I had made in my previous career. Within a year, I had found my own place, a small studio apartment in the heart of Washington, D.C., close to work and, more importantly, lots of meetings.

As I continued to clean up the wreckage of the past, I put a concerted effort into establishing stability in all areas of my life, and after about four years of sober time, I had my little place, my cat Chad, many dear friends, a job I loved and my sobriety.

In my daily prayer and meditation, without fail, I would ask God to continue to bring good into my life. Over the course of the next two years, I had a number of suitors, but I was happy in my little life. I had a chance to move to a bigger place, but my place was comfortable and safe. I was invited to join others for activities, but I did not want to rock the boat. My life was manageable and I intended to keep it that way.

Unmanageability is horrible, but too much manageability is the same as taking control and not letting God's will be done.



CENTRAL OFFICE IS HAVING A BOOK SALE!!

For the months of November and December NNIG (Central Office) is slashing some prices to reduce inventory!!

← Hard Cover Big Book \$8.25

- Pocket Big Book \$5.00
- Twelve Steps and Twelve Traditions hard cover reduced to \$8.25
- Pocket Twelve and Twelve \$5.00
- Tri Plate Chips reduced to \$12.50—Limited Availability

Central Office * 436 Rock Blvd. * Sparks, NV 89431

Northern Nevada Intergroup Association
Intergroup Business Meeting Minutes
Oct 5, 2010

Chair	Jason R	Vice Chair	Van Absent
Secretary	Cindy K	Treasurer	Elisa
C. O. Exec. Director	Bev C.		

Intergroup representatives, committee chairs, and guest present

Jeff S.-NNIG speaker meeting	Thomas G.-Almost Heaven
Robert Stokes-old timers /newcomers	Dave F.-Webmaster
Ron F.-CPC	Denny-Minden Gardnerville
Gary-End of the Road	Mike L.-Wed Night Live
Sean-P.A.P	Janice P. –ABC Slow BB study triangle
Ed- Sunshine Committee	Calvin-Lunch Bunch
Mel- Caring and Sharing	Charlie-Happy Destiny
Jesse-Young at Heart	Cindy K. - NNIG secretary
Laura J.-Answering Service	Linda T. - Mt. Rose Recovery
Craig R.-Treatment Chair	Ted-Pyramid Way Group
Randy M.-Slide Mtn. Serenity	Shelly J.-District 16
Lee-Truckee Fellowship	Scott M.-Happy Hour
Mike C.-P.I. Chair	Pete B.-Southside
Fred T. – Mindenville AA	Jenipher A.-Lost-n-Found
Holly-Cornerstone	Matt S. - Serenity on Sunday
Jason Rothwell-NNIG Chair	David Scott- Ground zero
Linda J.-K.I.S.S.	Roger H.-Silver Springs
Russell-Kiss Fernley	Penny S.-New Harmony
Dexter-ANNYPAA	Steven C.-New Freedom

Meeting opened at 7:00 with Serenity prayer and Denny read the bi-laws

Central Service committee chair Reports

Chair: (Jason R.)(Working with Halloween Committee) No report

Vice Chair: (Van D.) No report

SECRETARY: (Cindy K.) needs everyone's reports

Treasurer: (Elisa) August and September is doing well and thank you to Truckee Fellowship for their group contributions. They sold 24-25 tables so far for gratitude dinner.

Office Manager Report: (Bev C.) She was not able to go to St. Louis due to being sick. She needs volunteers at central on Mon from 9-1 and Friday 9-1 and 1-5. Next events are Halloween, Gratitude Dinner, and New Year's Eve

CTBTG (Corrections, treatment, and Bridging the Gap) (corrections BTG open): (Lee, Steve W., and Craig R.) Treatment has made contact with Salvation Army and Sierra Recovery. We are waiting to hear how we can

be of service. Have found out through budget cuts, instead of staffing of corrections facilities is hindering our progress with starting meetings. Inside BTG has referred (released inmates and released treatment patients to outside meetings and to meet someone. The next Business Meeting 10/19/10 is @ 6:45 Alano.

Public information: (Mike) I went to CPC and NI workshop in Gardnerville on Sept 25. picked up some useful information. I am looking for volunteers.

Answering Service: (Laura J.) 3rd Tuesday of every month 5pm to 9pm ending Wed morning Sat 12 is to 9am. The general back up list aka alternate answering volunteers always can use more volunteers. Also, needs all areas to extend the 12 step phone list.

Cooperation with professional Community: (Ron F.) A new rotation of medical students started on Sept 30th and will do presentations Oct 28th 2010. I am still in need of people to work with the medical Student Program. The meetings are on Thurs. Once a month @ 3:00 pm Working with Case Management Systems from the court to get things started.

Sunshine: (Ed D.) Have new pamphlet to educate on the Sunshine committee and needs volunteers

Bracer: (Cassie G.) Absent. She needs the minutes to put into the bracer.

Speaker Meeting: (Jeff S.) Every second Saturday of the month at Grand Sierra Resort. Next speaker meeting October 9th, 2010 with "Tall Paul C" from Oakland, Ca. "Shake Em Up" group hosting. Meeting 7pm, at GSR in the "Nevada Foyer". Speakers are being recruited for November and December. We still need host groups for December 2010 and January 2011.

Webmaster: (Dave F.) He is caught up with his work. He had requests to put up NA/AA meetings. Talked to Bev and he is not going to add NA meetings because the sole purpose of AA is AA. One Alanon request ditto. Hits since last NNIG meeting 2426.

Northern Area 42 Liaison: (Graham S.) Elections take office.

Activities Chairperson: (Joel B.)

New Year's Gala: will be at J.A. Nugget

Cabbage & Cribbage: March 19, 2011 California Building

Annual Picnic:

Halloween Event & Dance: Oct. 30, 2010 at Oddfellows Hall

Annual Gratitude Dinner: Nov. 6th at J.A. Nugget

New Business:

Old Business: Lisa was absent and Joel was voted in new activities chair.

Announcements: Upcoming events Halloween, Gratitude dinner, and New Year's.

Meeting closed in the usual manner with "The Lord's Prayer" at 8:43pm
Thank you for letting me be of service.
Cindy K.

September 2010 Profit & Loss

	<u>Sep 10</u>
Income	
Birthday Contributions	176.75
Bracer Subscriptions	17.00
Event Revenues	
Gratitude Dinner	3,120.00
Speaker Meeting	270.45
Total Event Revenues	<u>3,390.45</u>
Faithful Fivers	150.00
Group Contributions	2,720.47
Individual Contributions	9.40
Interest Income	0.91
Merchandise Sales	<u>2,489.30</u>
Total Income	8,954.28
Cost of Goods Sold	
Cost of Goods Sold	<u>1,464.82</u>
Total COGS	<u>1,464.82</u>
Gross Profit	7,489.46
Expense	
Storage Unit	53.00
Compensation & Benefits	2,815.40
Copier Lease	199.71
Event Costs	
Speaker Meeting	<u>107.00</u>
Total Event Costs	107.00
Insurance	51.00
Office Supplies	281.64
Outside Office Help	640.00
Payroll Tax Expense	466.05
Rent	671.00
Repairs & Maintenance	120.00
Trash	20.63
Utilities	<u>149.82</u>
Total Expense	<u>5,575.25</u>
Net Income	<u><u>1,914.21</u></u>

Sept. 2010 Group Contributions

<u>Date</u>	<u>Name</u>	<u>Memo</u>	<u>Amount</u>	<u>Balance</u>
9/1	Happy Hour/Reno 02010	Group Cont.	100.00	100.00
9/1	Sun Firestation Group Carson	Group Cont.	120.00	220.00
9/7	Portola Group	Group Cont.	40.00	260.00
9/7	Grupo Nueva Esperanza	Group Cont.	10.00	270.00
9/8	Caring & Sharing in Stead	Group Cont.	3.53	273.53
9/8		7th Tradition	31.41	304.94
9/8	Grupo La Nueva Luz	Group Cont.	50.00	354.94
9/9	new Freedom Group	Group Cont.	15.00	369.94
9/9	Afternoon Delight	Group Cont.	50.00	419.94
9/10	Silver City Group	Group Cont.	9.25	429.19
9/13	Silver Springs	Group Cont.	100.00	529.19
9/13	Silver Springs Campout	Group Cont.	127.82	657.01
9/13	Dawn Patrol	Group Cont.	63.69	720.70
9/13	Truckee Fellowship	Group Cont.	1,000.00	1,720.70
9/13	Susanville Fellowship	Group Cont.	50.00	1,770.70
9/14	Silver Springs	Group Cont.	100.00	1,870.70
9/14	Wild Bunch	Group Cont.	20.00	1,890.70
9/14	Grupo Accion	Group Cont.	10.00	1,900.70
9/16	Little Rascals	Group Cont.	50.00	1,950.70
9/16	There is a Solution	Group Cont.	123.39	2,074.09
9/16	Almost Heaven	Group Cont.	50.00	2,124.09
9/22	Serenity Sisters	Group Cont.	11.00	2,135.09
9/22	There is a Solution	Group Cont.	24.67	2,159.76
9/28	Southside Group	Group Cont.	219.75	2,379.51
9/29	ABC Group	Group Cont.	97.00	2,476.51
9/29	Young and the Reckless	Group Cont.	68.96	2,545.47
9/29	Staying Sober	Group Cont.	75.00	2,620.47
9/30	Dayton Fellowship Hall	Group Cont.	100.00	2,720.47
	Total Group Contributions		<u>2,720.47</u>	<u>2,720.47</u>
TOTAL			<u>2,720.47</u>	<u>2,720.47</u>

You Are Not Done Yet

Accepting life as it came his way was the key to a great adventure

In February 2002, just after my six-year sober anniversary, my boss approached me and said she was planning on opening a new office in New York City; she said she would like me to go there and work. Of course, I immediately said, "No!" I couldn't leave my meetings, my friends or my orderly little life. She asked me to think about it over the weekend and get back to her; I agreed.

Well, needless to say, HP and I did some heavy talking that weekend. As I prayed to him to bring good into my life, he interrupted me! He said, "What do you think I have been trying to do? But you keep shutting the door on it! The suitors, the opportunities, to all of them you have said no. Do you really want me to bring good into your life, or do you want to keep this simple, overly managed little existence that you have? It is a process and you are not done yet!" Whoa, I thought, he's right!

I relocated to New York City in December 2002. I immediately started doing 90 meetings in 90 days, I got a sponsor and I got a sponsee. I made a commitment to myself and my Higher Power that I would take the first service position that came my way. One of my AA friends was in need of a co-chair for the fund-raising committee of the Big Apple Roundup. I first thought this was more than I'd asked for, but I kept my promise and said, "Sign me up!"

This service position was truly God-given; it took me to meetings all over the city, from Queens to the Bronx, even to Long Island. I got to plan sober events and to get others involved as well, especially newcomers. My process was back in motion After six months, one of my suitors from D.C., with my bless-

ing, moved to New York to be with me.

After two years as a New Yorker, hundreds of new friends and acquaintances, and a life experience beyond my wildest dreams, my partner decided city life wasn't for him. He wanted to move to Florida. I was at first disappointed, but then I remembered my prayer, and posted my resume online to see what might happen. Within six weeks, we moved to Fort Lauderdale.

Today my partner and I have a wonderful home on the water that we share with our Dalmatian and two cats. I have an incredible job. I live within a few hours of my mother and my brother's family. I have returned to college and will soon finish my bachelor's degree. I have a fantastic home group. Although my time in New York ended abruptly, it was an excellent adventure that I nearly missed out on. I made lifelong friends and found some of the best AA I have ever encountered.

The most important idea I have learned during this "process" is that a lot of good can come from change. I learned that I need to listen to my Higher Power. I learned not to fear that which God puts in my path. I learned that unmanageability is horrible, but that too much manageability is the same as taking control and not letting God's will be done.

Today, I pray to God to continue to bring good into my life. Then slowly, I open my eyes, anticipating just what exciting adventure he may have in store for me next!

Patrick F.
Fort Lauderdale, Florida

Copyright ©1944-2010 The AA Grapevine Inc.
All Rights Reserved. Reprints by permission only.

*"It is a
process
and you
are not
done
yet!"*

Northern Nevada (NNIG) 2011 New Years Eve Fellowship Celebration

Friday, December 31st



John Ascuaga's Nugget
(2nd Floor West End Pavilion)

Doors Open 5:00 pm



Speaker Meeting
7:15 - 8:30



Frank S.
From Arkansas

Buffet Dinner
6:00 - 7:00

RAFFLE

8:30 - 8:45 &
9:10 Until
completed



East Coast Countdown
8:55



Midnight Celebration



Dancing
9:00 - 1:00

DJ Music provided by
We Aint Saints Productions

Admission Cost \$40

(Includes Dinner & Dance)

Tickets Available @ Central Office
436 S. Rock Blvd
Sparks, NV 89431

Make Checks Payable to "NNIG"
Phone: (775) 355-1151

Speaker Meeting is FREE

For those wanting to attend the dance after
the speaker meeting (but not the Buffet)
a \$10 Donation is appreciated



Accepted At Central Office



*District 16
Annual Christmas Affair*

*Saturday, December 11, 2010
12:00 pm to 5:00 pm*

*Sparks Masonic Center
2425 Pyramid Way, Sparks*

*Santa visits at Noon
Panel Discussion
Turkey Dinner with all the fixins
Speaker to be announced
Raffle*

*Come all and Enjoy!
Bring a Dessert
\$5 suggested donation
For more info call
Ed O' 772-9802*



DISTRICT 2 IS HOLDING ELECTIONS!!

Tuesday, NOVEMBER 9th

7PM at the Triangle Club

All GSRs for groups in District 2 (meeting locations in the city limits of Reno and west of Virginia St.) are welcome to attend.

Minden / Gardnerville Group

Gratitude Dinner

Friday November 19, 2010

St. Gail Catholic Church Community Center
1343 Centerville Lane, Gardnerville, Nevada

\$5.00 Per Person

For Info Call (775)781-7539



The BRACER
NNIG Intergroup Office
Sparks, NV 89431
www.nmig.org

\$12: one year, paper version
\$5: (suggested) yearly donation, electronic version
Email us at Subscriptions <nnigbracer@gmail.com> to sign up for your electronic version of the BRACER.

City _____ State _____ Zip _____

Address _____

Name _____

Date _____
New _____ Renewal _____
Donation for electronic version _____
I can't send a donation at this time but I would still like to receive the BRACER electronically _____

NNIG BRACER SUBSCRIPTION FORM

Central Office
N. Nevada Intergroup
436 S. Rock Blvd.
Sparks, NV 89431

Return Service Requested